

PEDIATRIC HEAD TO TOE ASSESSMENT

THE INFANT (FROM 1 TO 12 MONTHS OF AGE)

PHYSICAL GROWTH

1. **Weight:** most rapid physical growth in infancy; the best measure of growth
 - a. Weight gain of 1 to 1½ lbs/month during the first 6 months, doubling of birth weight at 6 months
 - b. Weight gain of ½ to ¾ lb/month from 7th to 12th month, tripling of birth weight at 1 year
2. **Length:** increase by 50% by 1 year
3. **Head Circumference**
 - a. At birth, the head circumference (HC = 33 to 35 cm) is greater than the chest circumference (C/C = 31 to 33)
 - b. HC grows at a rate of 0.5 to 1 inch per month
 - HC equals CC at 1 year
 - c. HC increase of greater than 1 inch per month is a danger sign of hydro-cephalus
4. **Fontanels**
 - a. Posterior fontanel (smaller triangular-shaped, also termed lambda) closes at 2 to 3 months
 - b. Anterior fontanel (bigger, diamond-shaped, also termed bregma) closes at 12 to 18 months. (Usually close at 18 months)
5. **Vision**
 - a. Newborns see only gross patterns of light or bright colors
 - b. At 3 months: can follow moving objects 180 degrees
 - c. At 4 months: infant can recognize his/her mother and familiar objects
 - d. At 6 months: infant can perceive colors
 - e. After 9 months: infant can recognize facial characteristics and often smiles in response to the sight of a familiar face
 - f. At 12 months: Depth perception has developed and infant may recognize where a change in level occurs (e.g. at the edge of the bed)
6. **Teething**
 - a. At 6 to 7 months: the lower central incisors – the first deciduous teeth or temporary or milk teeth erupts
 - b. At 12 months: complete incisors and 2 lower lateral incisors)

PSYCHOSOCIAL SKILLS

- 1 month: smiles indiscriminately
- 2 months: smiles socially
- 3 months: shows interest in the environment
- 4 months: recognizes mother, the most significant person to him/her engages in social interactions/demands attention/shows excitement
- 5 to 6 months: recognizes parents, enjoys plays
- 7 to 8 months: fears strangers and cries in their presence (peak at 8 months)
- 9 to 10 months: shows beginning separation anxiety
- 10 to 12 months: shows emotions, begins to explore environment

SIGNIFICANT DEVELOPMENT MILESTONE IN INFANCY

1 month <ul style="list-style-type: none"> • Head lags • Lift head for short periods, intermittently when prone • Early crawling movements • Follows moving objects to midline of vision • Smiles indiscriminately
2 months <ul style="list-style-type: none"> • Posterior fontanel closes • Rolls from side to back • Social smile appears • Holds rattle briefly • Begins to follow moving objects to sides • Head lags when pulled to a sitting position
3 months <ul style="list-style-type: none"> • Holds head erect and steady when held on sitting position

Sample Pediatric Head To Toe Assessment Documentation

**Elizabeth Gormley-Fleming, Deborah
Martin**



Sample Pediatric Head To Toe Assessment Documentation:

Pediatric Education for Prehospital Professionals Ronald A. Dieckmann, 2006 Pediatric Education for Prehospital Professionals PEPP represents a comprehensive source of prehospital medical information for the emergency care of infants and children

The Hands-on Guide to Practical Paediatrics Rebecca Hewitson, Caroline Fertleman, 2014-02-05 Winner of the Paediatrics category at the BMA Book Awards 2015 About to start a paediatrics rotation Working with children for the first time Thinking about a career in paediatrics The Hands on Guide to Practical Paediatrics is the ultimate practical guide for medical students encountering paediatrics for the first time junior doctors thinking about working with children and new paediatric trainees It s full of vital information on practical procedures prescribing for young patients and communicating with children and young people as well as guidance on the paediatric training programme and paediatrics as a career Full of clinical tips and covering key information on developmental stages common paediatric emergencies and ethical dilemmas and child protection The Hands on Guide to Practical Paediatrics is also supported by online resources including practice prescribing scenarios and video content at www.wileyhandsonguides.com/paediatrics Take the stress out of paediatrics with The Hands on Guide

Study Guide to Accompany Advanced Pediatric Assessment, Third Edition Ellen M. Chiocca, 2019-08-30 The only certification study guide to focus on advanced infant and child health assessment This is the only study guide available focusing specifically on the specialized knowledge and skills required to conduct the pediatric health assessment Designed to accompany the text Advanced Pediatric Assessment it reinforces essential content through case studies and multiple choice Q As that mirror the Pediatric Nurse Practitioner Certification Exam format The third edition includes new critical thinking exercises case studies and certification style Q As It delivers a completely new chapter that covers clinical decision making formulating differential diagnoses and evidence based practice It also provides SOAP notes for the well and abnormal exams The third edition continues to deliver essential practice items for all aspects of the exam along with sample documentation and a space where students can practice their own subjective and objective findings In addition Anatomic Labeling Exercises reinforce knowledge essential to the APN role Each chapter is formatted systematically for ease of use and includes chapter overview learning objectives essential terminology case studies the well child the ill child child with problem multiple choice questions mirroring the exam format SOAP notes for well and abnormal exams and answers New to the Third Edition Includes new critical thinking exercises case studies and certification style exam questions Delivers completely new chapter addressing clinical decision making formulating differential diagnoses and evidence based practice Provides SOAP notes for well and abnormal exams Key Features Reinforces content for Advanced Pediatric Assessment with case studies and multiple choice Q As that mirror certification exam format Provides essential practice items for the exam Includes Anatomic Labeling Exercises to reinforce required knowledge Delivers essential terminology Offers sample documentation and space for students to practice their own documentation Mosby's Pocket

Guide to Pediatric Assessment Joyce K. Engel, 2006-03-09 Extensively revised to reflect trends in pediatric nursing up to date techniques and current literature A new chapter on assessment of mental health addresses growing areas of concern including school phobia ADHD depression suicide anxiety and schizophrenia New tables provide quick reference to common childhood symptoms i e fever diarrhea vomiting Updated coverage of immunizations U S and Canada includes information regarding relevance and normal timing of immunizations as well as most current published tables Nursing diagnoses have been updated throughout *Study Guide to Accompany Advanced Pediatric Assessment, Second Edition* Ellen M. Chiocca, 2014-12-01 The only study guide to focus specifically on the assessment of infants and children This companion study guide to *Advanced Pediatric Assessment Second Edition* incorporates case studies certification style review questions and anatomic labeling exercises to enhance and reinforce the specialized learning experience of nurse practitioner students This study guide is the only one to focus specifically on the assessment of infants and children Its chapters align with corresponding textbook chapters to facilitate exam success and mastery of skills required to expertly conduct the pediatric history and physical examination Case studies reflecting real life practice scenarios and certification style review questions help students to excel on the exam not only through mastery of the content but also by creating familiarity with the test blueprint Exercises feature numbered anatomic sketches on which students label anatomy parts These exercises help PNP and FNP students foster the critical thinking and in depth knowledge they will need for their expanded scope of practice as advance practice nurses Chapters follow a standardized format that includes overview learning outcomes essential terminology and critical thinking exercises in two formats short answer and case study The chapters also present certification exam style multiple choice questions and answers and blank sample documentation to show examples of subjective and objective findings that are necessary to record KEY FEATURES Serves as a valuable companion resource for the second edition of *Advanced Pediatric Assessment* Reinforces critical thinking information required for the Pediatric and Family Nurse Practitioner Certification Exams Mimics the exam format with case studies and certification style review questions Includes anatomic labeling exercises and key terminology Provides a basis for class discussion with case studies Ellen M Chiocca MSN CPNP APN RNC NIC is a clinical assistant professor in the School of Nursing at DePaul University She received a master of science degree in nursing and a postmaster nurse practitioner certificate from Loyola University Chicago and a bachelor of science degree in nursing from St Xavier University Prior to joining the faculty at DePaul University she taught at Loyola University Chicago from 1991 to 2013 Ms Chiocca s clinical specialty is the nursing of children Her research focuses on how various forms of violence affect children s health She is certified in neonatal intensive care nursing and as a pediatric nurse practitioner In addition to teaching at DePaul Ms Chiocca also continues clinical practice as a pediatric nurse practitioner at a community clinic in Chicago Ms Chiocca has published more than 25 journal articles and book chapters and is also a peer reviewer for the journal *Neonatal Network* She is currently pursuing a PhD in

nursing *Sick/Not Sick: A Guide to Rapid Patient Assessment* American Academy of Orthopaedic Surgeons (AAOS),,Mike Helbock,John M. Jerin,2010-07-14 *Health Assessment for Nursing Practice - E-Book* Susan Fickertt Wilson,Jean Foret Giddens,2020-12-19 NEW NGN style case studies provide optimal preparation for the Next Generation NCLEX Examination NEW LGBTQ Considerations boxes summarize special assessment considerations for LGBTQ clients NEW Updated coverage of signs of abuse neglect and human trafficking equips you to become a mandatory reporter of these growing health problems NEW Updated high quality illustrations accurately represent assessment techniques and the latest examination equipment NEW Increased emphasis on normal findings is incorporated into the text along with a reduced emphasis on uncommon findings NEW emphasis in the Adapting Health Assessment chapter describes how to adjust your care for patients with a variety of conditions or limitations such as patients with IVs casts and catheters NEW Updated information on cultural and religious preferences and practices describes how these factors can have an impact on health assessment NEW UPDATED coverage addresses the latest evidence based guidelines on pain assessment NEW Enhanced Review Questions prepare you for the NCLEX exam with cognitive levels raised from remembering and understanding levels to applying and above to prepare you for clinical practice **Outdoor Emergency Care: A Patroller's Guide to Medical Care** National Ski Patrol,2020-05-07 Developed in partnership with the National Ski Patrol Outdoor Emergency Care A Patroller s Guide to Medical Care Sixth Edition is designed to prepare first responders to handle any medical situation in the outdoor environment during all seasons The Sixth Edition features A straightforward consistent patient assessment process The patient assessment process is presented in the same way patients are assessed in the health care system Flowcharts are provided throughout the Patient Assessment chapter to keep the reader focused on each step of the process Up to date content As you read through each chapter you will find new information that is current with present prehospital patient care Subject matter that meets and in many cases exceeds the National Emergency Medical Responder criteria Information unique for ski and bicycle patrollers including extrication is included This material is presented in a format that combines the disciplines of urban EMS and wilderness medical rescue Continuous case studies A continuous case study is included in each chapter to encourage critical thinking and application of the information as readers progress through the chapter End of chapter review questions The review questions included at the end of each chapter allow students to evaluate the knowledge they have gained while reading the chapter Focus on learning objectives Specific objectives listed at the beginning of each chapter tell students at the outset what they are expected to learn as they move through the chapter *National Registry Paramedic Prep: Study Guide + Practice + Proven Strategies* Kaplan Medical,2022-04-05 Kaplan s National Registry Paramedic Prep provides essential content and focused review to help you master the national paramedic exam This paramedic study guide features comprehensive content review board style practice questions and test taking tips to help you face the exam with confidence It s the only book you ll need to be prepared for exam day Essential Review New EMS

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and interpretation Neurological assessment Musculoskeletal care Aimed at both student nurses and those newly qualified Children and Young People s Nursing Skills at a Glance provides need to know rapid information to ensure safe and effective clinical practice

Examination Paediatrics Wayne Harris,2010-12-15 Examination Paediatrics is designed to assist candidates to pass clinical examinations in paediatrics particularly at post graduate level This book is written for candidates preparing for the Fellowship Examination of the Royal Australasian College of Physicians Australian New Zealand candidates and candidates taking the Australian Examination in other countries and candidates preparing for the Membership Examination for the Royal College of Paediatrics and Child Health UK Part II MRCPCH All undergraduates and postgraduates preparing for any paediatric examination with a clinical component including those with an OSCE format should however find this book useful as a study aid and reference The expanded text and new sections will also be useful to GPs doctors sitting the AMC examination paediatric residents house officers and registrars The book contains much useful information including history taking examination procedure relevant investigations aides m moire lists and mnemonics and management for the majority of chronic paediatric clinical problems seen in hospital based practice This edition retains a popular feature of this book the detailed explanation of the attitudinal skills body language and motivation necessary to complete clinical examinations successfully discussion of new mini CEX Clinical Evaluation Exercises and new short case introduction expanded cardiology endocrinology and neurology sections with new diagrams a new section on Williams syndrome expanded sections on Marfan syndrome and Noonan syndrome a new long case on obstructive sleep apnoea a new short case on virilisation

CEN® Exam Prep Study Guide Springer Publishing Company,2023-03-16 CEN Exam Prep Study Guide gets right to the point with a targeted content based on the latest BCEN exam blueprint This easy to follow guide includes all the tools you need to prepare practice and pass the exam and nothing you don t PREPARE Concise coverage of the content you ll be tested on Quick reference features with complications alerts and nursing pearls Need to know information to prepare you for exam day PRACTICE Two full length practice tests one in book and one online to assess your readiness and simulate the test taking experience Detailed rationales for correct and incorrect answers Pop quizzes that highlight key information you don t want to miss PASS The first time with Springer Publishing Exam Prep s 100% Pass Guarantee With confidence knowing you re well prepared with all the skills and knowledge you need on exam day and in practice With pride in your commitment to patient health and safety CEN is a registered trademark of Board of Certification for Emergency Nursing BCEN BCEN does not sponsor or endorse this resource nor does it have a proprietary relationship with Springer Publishing

Wong's Essentials of Pediatric Nursing: Third South Asian Edition - E-Book Jyoti Sarin,C.N. Bhargavi,2022-11-02 Knowledge is power It enhances one s thoughts and expands their thinking What we learn today paves way for tomorrow Wong s Essentials of Pediatric Nursing Third South Asia Edition provides a well refined in depth and advanced body of knowledge in pediatric nursing to ameliorate excel and outshine the professional skills of nurses in both

theory and practice It enhances a nurse's abilities in handling a child in a comprehensive manner The book covers a cocktail of all essential topics and has pictorial representations notes enclosing important information and nursing diagnoses that help the nurses to prioritize and carry out nursing care and procedures in an orderly fashion This text strives to help nurses utilize their maximum potential for the holistic care of a child

Seidel's Guide to Physical Examination - E-Book Jane W. Ball, Joyce E. Dains, John A. Flynn, Barry S. Solomon, Rosalyn W. Stewart, 2014-02-01 Seidel's Guide to Physical Examination is a comprehensive textbook of physical examination history taking and health assessment with a unique emphasis on differential diagnosis and variations across the lifespan The book conveys a uniquely compassionate patient centered approach to physical examination with a strong evidence based foundation Evidence Based Practice in Physical Examination boxes supply you with current data on the most effective techniques for delivering quality patient care Clinical Pearls lend insights and clinical expertise to help you develop clinical judgment skills Functional Assessment boxes present a more holistic approach to patient care that extends beyond the physical exam to patient's functional ability Staying Well boxes focus you on patient wellness and health promotion Risk Factor boxes provide opportunities for patient teaching or genetic testing for a variety of conditions Differential diagnosis content offers you an understanding of how disease presentations vary and specific information for how to make diagnoses from similar abnormal findings Abnormal Findings tables equip you with a quick illustrated reference that allows for comparisons of various abnormalities along with key symptoms and underlying pathophysiology Sample Documentation boxes clarify appropriate professional language for the process of recording patient assessment data NEW Advance Practice Skills highlighted throughout text makes identification and reference easier for students NEW Updated content throughout provides you with cutting edge research and a strong evidence based approach to care NEW Vital Signs and Pain Assessment Chapter groups important foundational tasks together for easy reference in one location NEW Improve readability ensures content remains clear straightforward and easy to understand NEW Updated illustrations and photographs enhances visual appeal and clarifies anatomic concepts and exam techniques

Wong's Essentials of Pediatric Nursing - E-Book Marilyn J. Hockenberry, David Wilson, Cheryl C Rodgers, 2016-09-01 NEW Updated content throughout notably methods of measuring competency and outcomes QSEN and others ambiguous genitalia pediatric measurements guidelines and standards as defined by the American Academy of Pediatrics and clear definitions of adolescent and young adult keeps you up to date on important topic areas NEW The Child with Cancer chapter includes all systems cancers for ease of access NEW and UPDATED Case Studies now linked to Nursing Care Plans to personalize interventions while also providing questions to promote critical thinking

Study Guide to Accompany Advanced Pediatric Assessment Ellen M. Chiocca, 2015 The only study guide to focus specifically on the assessment of infants and children This companion study guide to Advanced Pediatric Assessment Second Edition incorporates case studies certification style review questions and anatomic labeling exercises to enhance and reinforce the

specialized learning experience of nurse practitioner students This study guide is the only one to focus specifically on the assessment of infants and children Its chapters align with corresponding textbook chapters to facilitate exam success and mastery of skills required to expertly conduct the pediatric hi *Samour & King's Pediatric Nutrition in Clinical Care* Susan H Konek, Patricia J Becker, 2019-03-12 Samour King s Pediatric Nutrition in Clinical Care Fifth Edition provides comprehensive coverage of the nutritional aspects of pediatric clinical care A widely trusted resource for more than twenty years this text combines coverage of nutrition assessment and care with detailed coverage of normal growth relevant disease states and medical nutrition therapy *Wong's Essentials of Pediatric Nursing*9 Marilyn J. Hockenberry, David Wilson, 2013-01-01 When it comes to caring for children no other resource better prepares you for practice than Wong s Essentials of Pediatric Nursing Authored by Marilyn Hockenberry and David Wilson two of the most well known and respected names in the field Wong s features the most readable up to date and accurate content available An abundance of full color illustrations helps you visualize key concepts and highlighted boxes and tables offer quick access to vital facts and information Plus when you buy this book you get unlimited access to hands on study tools that help you learn pediatric nursing essentials with ease Developmental approach clearly identifies key issues at each stage of a child s growth to help you provide appropriate individualized care for each child UNIQUE Family focus includes a separate chapter on the role of the family in child health family content throughout the text and Family Centered Care boxes that highlight information on patient teaching home care and incorporating the family in the child s care An emphasis on wellness offers health promotion and injury prevention strategies for each age group UNIQUE Evidence Based Practice boxes demonstrate how research is applied to nursing care in the clinical setting UNIQUE Atraumatic Care boxes provide guidance for administering nursing care with minimal pain or stress to the child family and nurse NEW Safety Alerts call your attention to important patient safety considerations and support the QSEN initiative for better outcomes of nursing care NEW Quality Patient Outcomes content in Nursing Care Management discussions for major diseases and disorders helps you understand how the care you provide impacts patient safety and promotes positive outcomes UNIQUE Critical thinking case studies allow you to test and develop your analytical skills in a variety of clinical situations NEW Drug Alerts throughout the text emphasize important drug information and point out potential issues NEW Pathophysiology Reviews highlight and clarify complex pathophysiology information Completely updated content focuses on timely practical topics including methods for measuring competency and outcomes the nurse s role in injury prevention shaken baby syndrome traumatic brain injury Healthy People 2020 car restraints immunizations late preterm infants and childhood obesity Expanded and updated coverage of genetics addresses the latest advances in the field as it relates to children in health and illness Wong's Essentials of Pediatric Nursing: Second South Asian Edition A. Judie, 2018-09-15 Content adapted for the current South Asian nursing setup Current data and statistics pertaining to the South Asian region assimilated Newest concepts and literature added to reflect the regional

perspective Regional pictures added to provide regional look and feel

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