

A collage of various low-carb food items. In the top left, a small white bowl contains several blueberries. To its right is a wedge of yellow cheese. Below the cheese, a large piece of salmon is shown on a wooden cutting board. In the center, a thick cut of red steak is also on a wooden board. To the right of the steak, another piece of salmon is visible. In the bottom left corner, there are two brown eggs. In the bottom center, a small glass dish contains a pat of butter. In the bottom right, there are some almonds and a few green leafy vegetables. The entire image is framed with a white border.

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