साई बाबा व्रत कथा

कोकिलाबाई और उनके पति मिहेशराव शहर में रहते थे। उनके बीच सब ठीक था लेकिन महेश राव काफी झगड़ालू किस्मि के थे और अपनी जुबान पर काबू नहीं रख पाते थे। पड़ोसी भी इस वजह से उनसे तंग आ चुके थे। कोकिलाबाई एक धर्मपरायण महिला थीं। ईश्वर में उनकी अदूट आस्था थी। वह चुपचाप यह सब सहती रही। धीरे धीरे उनके पति का धंधा बैठने लगा, कमाई होती नहीं थी और इससे उनका स्वभाव चड़िचड़ी हो गया था।

एक दिन दोपहर के समय एक बूढ़े साधु महाराज उनके दुवार पर आए। उनके चेहरे पर तेज था। उन्होंने दाल-चावल मांगा। कोकलाबाई ने दाल और चावल साधु को अर्पति किय और दोनों हाथों से प्रणाम किया। साधु ने कहा "साई सदैव खुश रखें" कोकलाबाई ने कहा, "महाराज, सुख तो भाग्य में ही नहीं है" और फिर अपना दुख व्यक्त किया।

महाराज ने श्रीसाई बाबा के व्रत की जानकारी दी। व्रत के नियम, पूजा विधि और उद्यापन के बारे में बताया। साधु ने बताया ये साई व्रत बहुत ही चमत्कारी व्रत है जिससे सभी मनोकामनाएं पूरण होंगी लेकिन साई में आस्था रखना आवश्यक है। जो लोगों को साई कथा की पुस्तकें बांटकर साई की महिमा का प्रसार करते हैं उनकी सभी मनोकामनाएं पूरी होती है।

कोकलिबाई ने भी साई व्रत करने का निर्णय लिया। 9वें गुरुवार को उद्यापन किया, गरीबों को भोजन कराया गया और साई व्रत कथा की पुस्तक भी बाँटी। उनके घर का झगड़ा सुलझ गया और घर में सुख-शांता आ गयी। महेशराव का स्वभाव काफी बदल गया। धंधा जोर-शोर से शुरू हुआ और कुछ ही दिनों में सुख-समृद्धि में वृद्धि हुई। दोनों खुशी-खुशी रहने लगे।

एक दिन कोकिताबाई की जेठानी सूरत से आई। जेठानी ने कहा कि बच्चे पढ़ाई नहीं करते जिससे वे परीक्षा में असफल होते हैं। कोकिताबाई ने साई के नौ गुरुवार व्रत के बारे में उन्हें बताया। कोकिताबाई ने कहा साई बाबा पर विश्वास करो वो सबकी मदद करते हैं और साई व्रत से बच्चों की पढ़ाई में उन्नति होगी, इसके लिए उन्हें आश्वस्त किया। उनकी जेठानी ने व्रत के बारे में सारी जानकारी मांगी।

कोकिताबाई ने संपूरण जानकारी देते हुए कहा- 9 गुरुवार को फल और मिठाई खाकर या फिर एक बार का भोजन करके यह व्रत कर सकते हैं। हो सके तो साई बाबा के मंदिर में दर्शन के लिए जाएं। यह व्रत कोई भी व्यक्त किर सकता है, चाहे वह महिता हो, पुरुष हो या बच्चा हो। 9वें गुरुवार को गरीबों को भोजन कराएं। पड़ोसियों, रिश्तेदारों को साई व्रत कथा की किताबें दी जा सकती हैं। पूरे ९ गुरुवार को साई की पूजा करें। पीले फूल चढ़ाएं, दीपक और अगरबत्ती जलाएं। साई का समरण करें। प्रसाद चढ़ाएं, आरती करें। साई व्रत की कथा कहें या फिर सुने।

जेठानी के सूरत जाने के कुछ दिनों बाद, कोकलिबाई को एक पत्र मिला जिसमें लिखा था क उनके बच्चे भी अब साई व्रत करते हैं और बहोत अच्छे से पढ़ाई कर रहे हैं। हे साईराम जैसे अपने कोकलिबाई की मुसीबर्तों को हर लिया वैसे ही हम सब पर भी अपनी कृपा बनाये रखों भगवान। www.ganpatisevak.in

Sai Vrat Katha Hindi

Pushpalatā Jaina

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