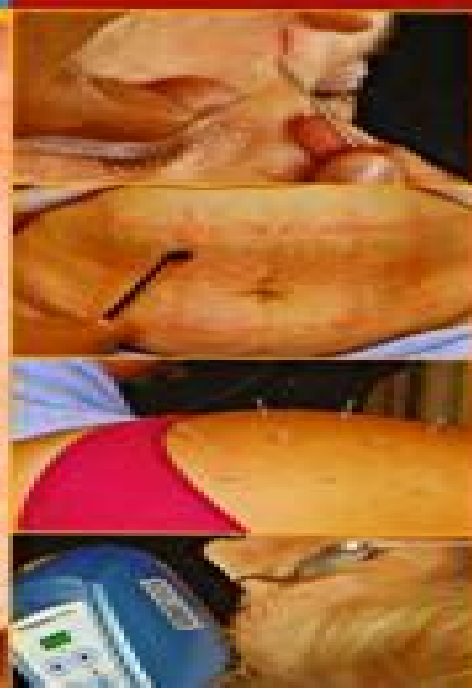


Radha Thambirajah

SECOND EDITION

# Cosmetic Acupuncture

A Traditional Chinese Medicine Approach to  
Cosmetic and Dermatological Problems



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# Cosmetic Acupuncture By Radha Thambirajah

**Michael Corradino**



## **Cosmetic Acupuncture By Radha Thambirajah:**

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**Acupuncture** , *Cosmetic Acupuncture* Radha Thambirajah, 2009 Cosmetic Acupuncture introduces an approach to the diagnosis and treatment of cosmetic and dermatological problems which is based on techniques grounded in Traditional Chinese Medicine TCM In her Preface to the book the author states that Cosmetic acupuncture is not about beauty but about health She explains that the condition of the skin is an indicator of the internal health of the body If our physical and emotional health are in good order and are well balanced this will be evident from the condition of our skin Conversely if our skin has problems it may be a sign of internal or emotional disorder The first part of the book describes the blood energy and body fluid states of all the internal organs and explains their relevance to the diagnosis and treatment of cosmetic and dermatological problems A separate chapter then describes in detail the acupuncture points and needling techniques which are used in the treatment of these problems In the last part of the book the author discusses common skin and cosmetic problems and describes the specific treatments that maybe used for each and the rationale behind each choice of treatment

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into its clinical applications for pain management orthopaedic conditions and internal medicine New research shows how to apply the neurophysiological mechanisms of acupuncture and electrical acupuncture to the traditional TCM model of healthcare

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*Treating Acne and Rosacea with Chinese Herbal Medicine* Sabine Schmitz,2021-11-18 This practical fully illustrated handbook is the second in our series on dermatological diseases and their treatment with Chinese herbal medicine by Sabine Schmitz This volume examines the cause and treatment of acne and rosacea from a Chinese medicine perspective and provides advice for practitioners on their treatments in their daily practice It covers prescriptions and treatment options for all types of acne rosacea and TCM syndromes detailed case studies and colour photographs of the skin and tongue for precise diagnosis The book also contains instructions on external applications such as pastes washes or ointments as well as detailed diet instructions and advice Easy to read use and navigate Treating Acne and Rosacea with Chinese Herbal Medicine is the perfect resource for anyone treating skin diseases in their daily practice regardless of their specialization

*Energetics in Acupuncture* Radha Thambirajah,2010-10-29 New title by the author of Cosmetic Acupuncture Energetics is an area of growing interest and importance in acupuncture Acupuncture treatment aims to correct the imbalance of energy or qi energetics is a method of diagnosing which aspects of qi are out of balance Energetics in Acupuncture provides a straightforward diagnostic method of identifying which aspects of the qi are out of balance and therefore what acupuncture treatment is required One symptom can be caused by many different imbalances of organs and it is essential for the therapist to correctly diagnose the problem before commencing treatment Once the correct diagnosis is made the relevant points can be treated with appropriate techniques The book takes a logical approach to diagnosis and provides relevant lines of questioning and reasoning FEATURES Treatments are described for over 80 different diseases Innovative visual towers show clearly what an energy imbalance looks like Case studies illustrate imbalanced states

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**Kosmetische Akupunktur** Radha Thambirajah,2007      **Kosmetische Akupunktur** Radha Indumathi Thambirajah,2009-10-09 Gesunderhaltung Wellness Sch nheit f r immer mehr Menschen ein wichtiges Thema Ideal f r alle

die ihr Behandlungsspektrum erweitern möchten. Das Buch informiert Sie über die vielfältigen Möglichkeiten der kosmetischen Akupunktur. Dabei geht es nicht nur um Behandlungsvorschläge für kosmetische Hautstörungen. Praxisorientiert in Wort und Bild erfahren Sie auch, wie Sie bei Hauterkrankungen gute Behandlungsergebnisse mit Akupunktur erzielen können.

Kosmetische Akupunktur Radha Thambirajah, 2009      *Cosmetic Acupuncture Manual* Peter H. Fraser, 1980      **Facial Enhancement Acupuncture** Paul Adkins, 2013-10-31 This illustrated guide to facial enhancement acupuncture based on Five Elements theory shows the acupuncture points, techniques and equipment used to target points and muscles of the face to improve skin elasticity and appearance. With full explanations of the methods and guidance on discussing treatment with patients, follow-up and after care.      *Holistic Cosmetic Acupuncture* Anthony Kingston, Kamila Kingston, 2020-10-12 From the Best Selling author of *Holistic Microneedling*. Traditionally trained, Anthony and Kamila were instrumental in the development of Cosmetic Acupuncture in the Western world. After setting up the first specialist Cosmetic Acupuncture clinic in the Southern Hemisphere, they have gone on to demonstrate their innovative techniques on national television and helped educate practitioners and the general public around the world. This book explains in great detail the cosmetic acupuncture practices they have taught across 4 continents for the last 15 years. It covers the history, TCM diagnosis, herbal prescriptions and an in-depth, modern scientific understanding of how cosmetic acupuncture works. Spoiler of course, it is not just collagen induction. Most importantly, the book discusses and demonstrates the variety of different facial acupuncture techniques in use today, which actually work in practice and which are best forgotten. Anthony's unique system of combining TCM face reading allows the face to become a unique diagnostic point and source of treatment for the underlying constitution. This creates truly holistic cosmetic acupuncture. This book provides everything you need to quickly and practically incorporate the most effective form of cosmetic acupuncture available into your clinic.      Facial Cosmetic Acupuncture Hyungsuk Choi, Seung Choi, 2018-07-19 This is a self-learning guide of cosmetic acupuncture for an acupuncturist. This book explains cosmetic acupuncture points and insertion techniques with various pictures and surface anatomy to help the readers easily apply these maneuvers in the clinical field. Facial cosmetic acupuncture treatment consists of three principles. The first principle is the orthodox TCM method with Qi modulation. The second principle is based on local tissue effect with needle stimulation. The last principle is the unique Korean cosmetic acupuncture controlling tension of the facial muscles.      The Pocket Guide to Facial Enhancement Acupuncture Paul Adkins, 2006-05-01 A practical guide to the Acupuncture points and techniques used in a Cosmetic Acupuncture procedure. Every point that is used is listed along with diagrams, point locations and the 10 steps treatment plan. Incorporate this fantastic treatment into your existing Acupuncture practice and attract many new clients, written by the founder of Facial Enhancement Acupuncture.      Constitutional Facial Acupuncture Mary Elizabeth Wakefield, 2014-04-08 We are redefining the face of ageing on a daily basis with the Baby Boom generation in the vanguard, followed by younger generations who are similarly intrigued by non-invasive, natural solutions that are integrative rather than

purely cosmetic Constitutional Facial Acupuncture has begun to make an impact on popular culture and outmoded perceptions about the nature of authentic beauty and the ageing process Acupuncturists who practice in this field are increasingly expected to have specialized training and knowledge outside the customary parameters of the more traditional approaches This book introduces a complete Constitutional Facial Acupuncture protocol that is comprehensive effective and clearly organized with illustrative color photographs and facial needling diagrams Its strong constitutional components are unique adhere to the principles of Chinese medicine and are rooted in the three levels of treatment Jing Ying and Wei A new and detailed Constitutional Facial Acupuncture protocol highlights acu muscle points Shen imbalances lines and wrinkles needling technique relevant points and their locations A comprehensive constitutional treatment approach A customized modular topical herbal protocol that is enriched with the use of essential oils and natural cleansers creams etc Practical step by step instructions on how to integrate the needling protocols with the topical herbs jade rollers gem eye discs etc A complete Constitutional Facial Acupuncture needling protocol for 12 problematic areas of the facial landscape i e droopy eyelids sagging neck crow s feet sunken cheeks etc Contraindications benefits and personal advice drawn from the author s 30 years of experience An essential text for students or practitioners of facial acupuncture and also for those readers who are interested in the field of healthy aging

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