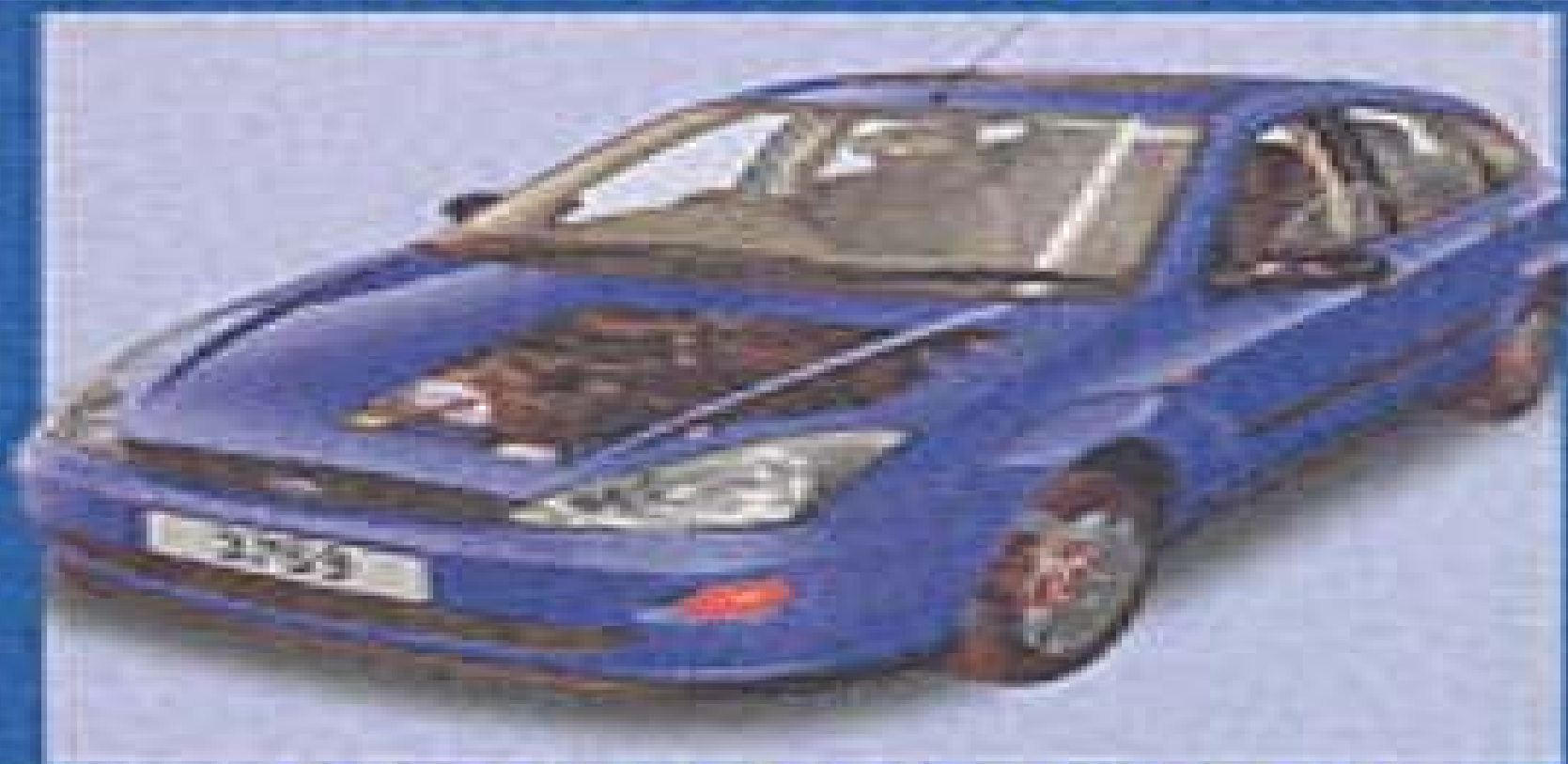


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vous aurez besoin de 1 litre de lait entier 100 g de fromage blanc choisissez le bien frais 1 cuillerée à soupe de jus de citron

préparation commencez par mélanger le lait entier et le fromage blanc

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