

RESEARCH ARTICLE

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The Mini-International Neuropsychiatric Interview is useful and well accepted as part of the clinical assessment for depression and anxiety in primary care: a mixed-methods study

Agneta Pettersson^{1,2*} , Sonja Modin³, Rolf Wahlström⁴, Sandra af Winklerfelt Hammarberg⁵ and Ingvar Krakau⁶

Abstract

Background: Psychiatric complaints are common among primary care patients, with depression and anxiety being the most frequent. Diagnosis of anxiety and depression can be difficult, potentially leading to over- as well as under-diagnosis. The diagnostic process can be facilitated by incorporating structured interviews as part of the assessment. One such instrument, the Mini-International Neuropsychiatric Interview (MINI), has been established and accepted in psychiatric care. The purpose of this study was to explore the experiences and perceptions of the paper-and-pen version of MINI version 6.0 among patients and staff in primary care centers in Sweden.

Methods: The MINI was introduced at three primary care centers and was conducted by either therapists or general practitioners. Patients presented with symptoms that could suggest depression or anxiety disorders. The duration of the interview was recorded. The experiences and perceptions of 125 patients and their interviewers were collected using a structured questionnaire. Global satisfaction was measured with a visual-analog scale (0–100). Semi-structured interviews were conducted with 24 patients and three therapists, and focus groups were held with 17 general practitioners. Qualitative content analysis was used for the interviews and focus groups. The findings across the groups were triangulated with results from the questionnaires.

Results: The median global satisfaction with the MINI was 80 for patients and 86 for interviewers. General practitioners appreciated that the MINI identified comorbidities, as one-third of the patients had at least two psychiatric diagnoses. The MINI helped general practitioners attain a more accurate diagnosis. Patients appreciated that the MINI helped them recognize and verbalize their problems and did not find it intrusive. Patients and interviewers had mixed experiences with the yes-no format of the MINI, and the risk of subjective interpretations was acknowledged. Patients, general practitioners and therapists stated that the MINI contributed to appropriate treatment. The MINI assessment lasted 26 min on average (range 12 to 60 min).

Conclusions: The paper-and-pen version of the MINI could be useful in primary care as part of the clinical assessment of patients with problems suggestive of depression or anxiety disorders. The MINI was well accepted by patients, general practitioners and therapists.

Keywords: Depression, Anxiety, Differential diagnosis, Qualitative content analysis, MINI, Acceptability

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Mini International Neuropsychiatric Interview

David Bradley Allison



Mini International Neuropsychiatric Interview :

Diagnostik und Klassifikation in der Psychiatrie Rolf-Dieter Stieglitz, 2008 Diagnostik und Klassifikation können als Grundlagen psychiatrisch psychotherapeutischer Tätigkeit angesehen werden. Nur mittels einer differenzierten Erfassung und Beschreibung psychischer Beeinträchtigungen sind therapeutische Interventionen sinnvoll planbar und ihre Wirksamkeit zu bewerten. In den letzten drei Jahrzehnten sind in diesem Bereich grosse Veränderungen und Fortschritte zu konstatieren, die in dem vorliegenden Buch dargestellt werden. Neben den allgemeinen Grundlagen der Diagnostik und Klassifikation werden ausgehend von den Beschreibungsebenen Symptom, Syndrom und Diagnose sowie Verfahrensgruppen mit ihren Vor- und Nachteilen dargestellt. Anwendungsbeispiele und aktuelle Entwicklungstrends runden das Werk ab. Clinical Manual for Management of PTSD David M. Benedek, Gary H. Wynn, 2011 As traumatic events disasters and war pervade everyday life around the globe posttraumatic stress disorder PTSD inevitably affects many people. The Clinical Manual for Management of PTSD provides clinicians with the latest information on PTSD. In 16 well organized accessible chapters world leaders in research on epidemiology neurobiology psychotherapy psychopharmacology and other somatic therapies outline the most up to date evidence based approaches to assessment and management of patients with PTSD. This practical guide covers modalities for therapeutics and management ranging from pharmacotherapy to cognitive processing therapy to virtual reality exposure therapy. It can be used as a complete text for residents and students to gain a solid understanding of PTSD and current treatment modalities or as a desktop reference for experienced clinicians in daily practice to consult for specific information. The Clinical Manual for Management of PTSD provides clinicians and students with a consolidated and thoughtful reference that can be used to complement and enhance their everyday practice. This book bridges the gap between the research community and the clinician by providing a comprehensive resource of clinically relevant information on PTSD. *Leitlinienorientierte Psychotherapie* Winfried Rief, Hautzinger, Tania Lincoln, Jürgen Margraf, Brunna Tuschen-Caffier, 2024-08-12 Die Umsetzung einer leitlinienorientierten Behandlung ist das Kernstück einer fachpsychotherapeutischen Weiterbildung. Der Gesetzgeber hat mit der Einführung der neuen Approbationsordnung für Psychotherapie 2020 der Orientierung an Leitlinien im Rahmen der fünf Stationen, die in der Parcoursprüfung zum Gegenstand gemacht wurden, besonderen Stellenwert eingeräumt. Offensichtlich werden auch im Bereich der Psychotherapie Vorteile darin gesehen, sich an Leitlinien zu orientieren. Das Buch stellt einleitend den theoretischen Rahmen von Leitlinien dar und erläutert, wie Leitlinien in der Psychotherapie berücksichtigt werden können und beleuchtet Stärken und Schwächen von Leitlinien. Den Schwerpunkt des Buches bildet die kompakte und praxisorientierte Darstellung der Hauptempfehlungen zur Psychotherapie aus den deutschsprachigen und internationalen Empfehlungen zur Psychotherapie bei den wesentlichen Störungsgruppen. Psychotherapeutische Tätigkeiten bekommen in diesem Buch eine verlässliche Entscheidungshilfe an die Hand. Welche Diagnosemethoden haben sich bewährt, welche Therapien und therapeutischen Techniken sind bei welchem St

rungsbild nachweislich wirksam und wie sollte die Versorgung am besten erfolgen Dies soll die Entscheidung zwischen effektiven und weniger effektiven Behandlungsmethoden für den spezifischen Einzelfall erleichtern Evidenzbasierte Psychotherapie ist nicht mit unflexibler voll standardisierter Behandlung gleichzusetzen Auch evidenzbasierte Maßnahmen können und sollen hochpersonalisiert auf die spezifische Problemlage der Patientin oder des Patienten zugeschnitten werden Das Buch liefert somit allen die Psychotherapie nach bestem Wissensstand und entsprechend der Bedürfnisse ihrer Patientinnen und Patienten anbieten wollen eine wichtige Entscheidungshilfe Lernkontrollfragen inkl Antworten zum Band können nach erfolgter Registrierung von der Webseite des Hogrefe Verlags heruntergeladen werden

Traumafolgestörungen Andreas Maercker, 2019-05-21 Gewalterfahrungen sexueller Missbrauch Unfälle Katastrophen oder Todesfälle im nahen Umfeld extreme Situationen können zu Traumafolgestörungen führen Seit 2018 unterscheidet die Weltgesundheitsorganisation in ihrem Klassifikationsverzeichnis vier solcher Störungen die klassische und die komplexe posttraumatische Belastungsstörung dazu die Anhaltende Trauerstörung und die Anpassungsstörung Diese Langzeitfolgen werden im Buch genau vorgestellt In den letzten Jahren wurde eine Vielzahl von Interventionen entwickelt diese Störungen wirksam zu behandeln Diese Neuauflage wurde aufgrund der bahnbrechenden Neuerungen an denen der Herausgeber auf internationaler Ebene entscheidend mit beteiligt war weitgehend neu konzipiert Zu den Neuerungen gehören die Kapitel zu Komplexe posttraumatische Belastungsstörung Gewalt in der Kindheit und ihre Folgen Niedrigschwellige und innovative Interventionen Verfahren der kognitiven Verhaltenstherapie Psychodynamische Ansätze DAS Handbuch zu den psychischen Traumafolgestörungen **Psychische Störungen und Suchterkrankungen** Marc Walter, Euphrosyne

Gouzoulis-Mayfrank, 2019-07-17 This book provides a systematic and comprehensive discussion of the comorbidities that commonly occur when addictive diseases are associated with other psychological disturbances The special aspects involved in the combined occurrence and specific treatment procedures in accordance with recent evidence based research results are presented from the points of view of psychiatry and psychotherapy as well as from the viewpoint of addiction therapy It is essential to take a precise patient history including the temporal sequence in which the various symptoms and problems appeared This is the prerequisite for a correct diagnosis and forms the basis of treatment planning The book offers practical solutions for the frequent problems of diagnosis and treatment of double diagnoses and ways of dealing with patients who are often experienced as challenging in everyday clinical practice This second edition has been fully updated with two new chapters added on the important topics of diagnosis classification and drug dependency **Posttraumatische**

Belastungsstörungen Andreas Maercker, 2013-06-19 Gewalterfahrungen Unfälle Katastrophen oder Todesfälle im nahen Umfeld extreme Situationen können zu einer posttraumatischen Belastungsstörung führen Darunter werden unterschiedliche psychische und psychosomatische Symptome zusammengefasst die als Langzeitfolgen auch noch Jahre nach dem belastenden Erlebnis auftauchen können Heute gibt es eine Vielzahl von Interventionen eine PTSD wirksam zu behandeln

oder ihr durch frühzeitige Therapie entgegen zu wirken Die Neuauflage des 1997 in erster Auflage erschienen Werks wurde umfassend bearbeitet und erweitert Neu konzipiert oder wesentlich revidiert in der 4 Auflage sind unter anderem Kapitel zu Systematik Klassifikation und Epidemiologie Neurobiologie Begutachtung Notfallpsychologie Kognitive Verarbeitungstherapie Therapie erwachsener Opfer sexuellen Kindesmissbrauchs DAS Handbuch zu posttraumatischen Belastungsstörungen

Jugendforensik Marcel Aebi,Évi Forgó Baer,2025-05-12 Das Grundlagenbuch für die forensische Arbeit mit Jugendlichen und jungen Erwachsenen Befunde aus der Erwachsenenforensik lassen sich nicht einfach auf Jugendliche und junge Erwachsene übertragen Hier setzen die beiden Autoren mit ihrer langjährigen Erfahrung in der Jugendforensik an Mit diesem Grundlagenbuch für den deutschsprachigen Raum gehen sie über die Beschreibung von Abklärungen und Behandlungsansätzen von Störungen des Sozialverhaltens im Kindes und Jugendalter hinaus Der Begriff Jugendforensik wird klar auf die strafrechtlichen Aspekte der Psychologie oder Psychiatrie eingegrenzt Im Fokus dieses Buches stehen die Durchführung von angeordneten Begutachtungen durch psychologische oder psychiatrische Sachverständige und Psychotherapien von Jugendlichen und jungen Erwachsenen mit strafrechtlich relevanten Delikten insbesondere mit gewalttätigen und sexuell begrifflichen Verhaltensweisen Das Buch umfasst folgende Kapitel Die Entwicklung von aggressivem und sexuell begrifflichem Verhalten bei Jugendlichen und jungen Erwachsenen Forensisch psychologische psychiatrische Diagnostik Erstellung von jugendstrafrechtlichen Gutachten Interventionen Forensisch deliktpräventive Therapien mit Jugendlichen und jungen Erwachsenen

Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems David Bradley Allison,2009-07-10 This handbook is a comprehensive collection of measures and assessment tools intended for use by researchers and clinicians that work with people with problem eating behaviors obese clients and the associated psychological issues that underlie these problems

Selbst- und Welterleben in der Schizophrenie Thomas Fuchs,Sanneke de Haan,Max Ludwig,Lily Martin,2021-12-15 Die Veränderungen des Selbst und Welterlebens bei Menschen mit Schizophrenie sind in den letzten Jahren in den Fokus der Erforschung und Behandlung der Erkrankung gerückt Das Buch enthält die erste deutsche Übersetzung der beiden ausführlichen phänomenologischen Interviews EASE und EAWE zur Erfassung dieser oft nur schwer beschreibbaren Erfahrungen Einführende Texte Interview Leitfaden und Auswertungshinweise ergänzen das Werk das in der Schizophrenie Früherkennung ebenso wie in der Versorgung von Erkrankten aus dem Schizophrenie Spektrum Einsatz findet

Assessment of Childhood Disorders Eric J. Mash,Russell A. Barkley,2009-12-23 This leading text and clinical guide offers best practice recommendations for assessing a comprehensive array of child and adolescent mental health problems and health risks Prominent authorities present evidence based approaches that can be used in planning implementing and evaluating real world clinical services Coverage encompasses behavior disorders mood disorders anxiety disorders developmental disorders maltreatment and adolescent problems The volume emphasizes the need to evaluate clients strengths as well as their deficits and to take into account the developmental

biological familial and cultural contexts of problem behavior This book will be of most value to practitioners researchers and students in child clinical psychology and related fields as well as serving as a useful core text for advanced undergraduate and graduate level courses in child assessment child psychopathology and child therapy Generalisierte Angststörung
Hans-Peter Volz,Rolf-Dieter Stieglitz,2010 *Soziale Phobie* Kasper,2013-03-08 Obwohl die Soziale Phobie relativ häufig auftritt wurde dieses Krankheitsbild erst in den letzten zehn Jahren intensiv erforscht und hat dadurch auch erst spät Eingang in die tägliche Praxis gefunden Meist liegt bei der Sozialen Phobie ein chronischer Verlauf vor Die Patienten entwickeln zunehmend Angst und Unsicherheit in sozialen Situationen die sie schließlich immer häufiger vermeiden oder nur unter intensiver Angst durchstehen Diese psychiatrische Erkrankung hat eine Lebenszeitprävalenzrate von bis zu 16% und beginnt in der Regel in der frühen Adoleszenz Die wenigsten Patienten begeben sich aus eigenem Antrieb in Behandlung und wenn sie wegen anderer Beschwerden rechtliche Hilfe in Anspruch nehmen wird diese ursprüngliche Erkrankung oft nicht erkannt Wenn aber Angst und Unsicherheit sich ausweiten kommt es zwangsläufig zu Komplikationen im Leben der Betroffenen z.B. zu mangelhafter bzw. fehlender Ausbildung zu unbefriedigender Entwicklung sozialer Kompetenz und reduzierter Lebensqualität Auch eine Komorbidität mit Depression anderen Angsterkrankungen und Suchterkrankungen ist möglich Angesichts solcher Komplikationen ist die frühzeitige Erkennung und Behandlung äußerst wichtig Sowohl psychotherapeutische als auch psychopharmakologische Therapien haben sich zur Behandlung der Sozialen Phobie bewährt Das vorliegende Buchlein soll dazu beitragen das Krankheitsbild der Sozialen Phobie besser zu erkennen die damit verbundenen Problemstellungen kritisch abzuwägen und dadurch eine bessere Therapie zu ermöglichen

Kindesmisshandlung Carsten Spitzer,Hans Jürgen Grabe,2012-11-15 Neben Grundlagen zur Epidemiologie Diagnostik und Psychobiologie behandelt das Buch die zentrale Rolle von Kindesmisshandlung in der Entstehung Aufrechterhaltung und Behandlung vielfältiger psychischer aber auch körperlicher Erkrankungen Zudem werden Behandlungsmöglichkeiten insbesondere spezifische neuere Therapieansätze praxisnah von Experten vorgestellt Auch besondere Aspekte wie die Selbststigmatisierung der Opfer die Relevanz dieses Themas im hohen Lebensalter und forensische Implikationen kommen zur Darstellung Handbook of Assessment and Treatment Planning for Psychological Disorders, 2/e Martin M. Antony,David H. Barlow,2011-02-25 This book has been replaced by Handbook of Assessment and Treatment Planning for Psychological Disorders Third Edition ISBN 978 1 4625 4488 2 **Handbook of Psychiatric Measures** A. John Rush Jr.,Michael B. First,Deborah Blacker,2009-03-20 The Handbook of Psychiatric Measures offers a concise summary of key evaluations that you can easily incorporate into your daily practice The measures will enhance the quality of patient care assisting you both in diagnosis and assessment of outcomes Comprising a wide range of methods available for assessing persons with mental health problems the Handbook contains more than 275 rating methods from the Abnormal Involuntary Movement Scale to the Zung Self Rating Depression Scale In this fully revised edition more than 40 measures have been

added both to the book and to the accompanying CD ROM The Handbook features Thoroughly examined and revised measures that provide the most relevant and timely information for clinicians New measures that empirically provide better patient evaluation Updated costs translations and contact information for each measure This handy compendium includes both diagnostic tools and measures of symptoms function and quality of life medication side effects and other clinically relevant parameters It focuses on measures that can be most readily used in either clinical practice or research Most of the measures are designed to improve the reliability and validity of patient assessment over what might be accomplished in a standard clinical interview The measures also demonstrate that the use of formal measures can improve the collection synthesis and reporting of information as compared with the use of unstructured examinations Seventeen disorder specific chapters organized in DSM IV TR order include measures for Disorders of childhood and adolescence Cognitive disorders Sexual dysfunction Eating disorders Sleep disorders Aggression and much more The discussion of each measure includes goals description practical issues psychometric properties and clinical utility followed by references and suggested readings This revised edition includes updated measure descriptions new measure variants and research and newly selected measures particularly appropriate to the domain of discussion As a clinical tool this book Describes how when and to what purpose measures are used Points out practical issues to consider in choosing a measure for clinical use Addresses limitations in the use of measures including ethnic cultural and socioeconomic factors that influence their interpretation Use of this special resource is further enhanced by a CD ROM containing the full text of more than 150 of these measures an invaluable aid for reference and clinical decision making

Handbuch der Psychotraumatologie Günter H. Seidler, Harald J. Freyberger, Heide Glaesmer, Silke Birgitta Gahleitner, 2019-03-22 Dieses Standardwerk bietet eine systematische Zusammenfassung der in Forschung und Klinik gesammelten Erkenntnisse zum aktuellen Stand unseres Wissens im Bereich der Psychotraumatologie Der Wissenszuwachs in der Psychotraumatologie bersteigt den der meisten anderen F cher um ein Vielfaches was eine v llige Neubearbeitung notwendig gemacht hat Das deutschsprachige Referenzwerk Mit neuen empirischen Befunden zur Wirksamkeit der Therapiemethoden Mit v llig neuen Artikeln zu Trauma Schmerz und Ethik Den Leser innen wird sehr kompakt umfangreiches Fachwissen von renommierten Autorinnen geboten Die vielf ltigen Zielgruppen von Studierenden bis hin zu Forschern und Praktikern erhalten mit diesem Handbuch der Psychotraumatologie ein umfangreiches Standardwerk Allerdings m ssen sich die angesprochene Praktiker dieses Werk f r 120 leisten k nnen Auch f r Anf nger die sich in das Thema einarbeiten wollen ist das Buch gut geeignet J rgen Beushausen Handbuch f r Psychotraumatologie 30 03 2020 Pressestimmen zur 2 Auflage 2012 Geballtes Fachwissen 80 fundierte Beitr ge von Traumaexperten Miriam Berger Gehirn Geist Alles in allem kann man dieses Buch als anregendes Standardwerk empfehlen Frank Ba feld Deutsches rzteblatt Ein wegweisendes Handbuch mit Geschlechterblick liefert etliche auch f r Laien gut verst ndliche Texte sowie Hinweise auf viele internationale Studien zu diesem Thema Emma Das Buch ist sowohl f r Ausbildung als

auch für Praktiker konzipiert Es ist ein großer Gewinn für die praktische Arbeit Juliana Matt Report Psychologie Auch für Anfänger die sich in das Thema einarbeiten wollen gut geeignet Wolfgang Jergas socialnet.de Zielgruppe PsychotraumatologInnen PsychotherapeutInnen mit Trauma Weiterbildung PsychoanalytikerInnen PsychiaterInnen PsychologInnen Führungskräfte und MitarbeiterInnen in Blaulichtberufen und Beratungsstellen SozialarbeiterInnen SeelsorgerInnen ErzieherInnen vor allem in Einrichtungen für Schwer und Schwersterziehbare Studierende *Psychiatrie und Psychotherapie compact* Siegfried Kasper,Hans-Peter Volz,2014-08-20 Für die Facharztprüfung Das komplette Facharztwissen Systematische und praxisorientierte Darstellung aller psychischen Erkrankungen ihrer Diagnostik und aktuellen Therapiemöglichkeiten Fragenkatalog zur Selbstkontrolle Inhaltliche Gliederung nach dem Weiterbildungskatalog Ideal zum Lernen auf die Facharztprüfung und zum schnellen Nachschlagen im Klinikalltag Jetzt komplett bearbeitet und aktualisiert *Allgemeine Epileptologie* Christian G. Bien,2020-12-16 Epilepsien gehören zu den häufigsten chronischen Erkrankungen in der Neurologie Dieses Werk über die nicht operative Epilepsiediagnostik und therapie bei Erwachsenen schließt die Lücke zwischen Leitlinien und klassischen Lehrbüchern Hier werden alltagsrelevante und fallbezogene Handlungsempfehlungen gegeben und an Fallbeispielen erläutert Dabei stützen sich die Autoren aus dem Epilepsie Zentrum Bethel auf wissenschaftlich gesicherte Erkenntnisse und die praktische Erfahrung die an dieser Institution über Jahrzehnte gesammelt wurden Manche Themen sind in den gängigen Formaten wissenschaftlicher Studien nur schwer zu beforschen hier kann nur klinische Erfahrung zu alltagstauglichen Empfehlungen führen Spezielle Patientengruppen wie Menschen mit Behinderung oder alte Menschen mit Epilepsie über die nur wenige Studiendaten vorliegen werden ebenso einbezogen wie mitten im Leben stehende Menschen die einen ersten epileptischen Anfall erleiden Die Kapitel kommen aus den Arbeitsfeldern Medizin Psychologie und Sozialdienst Dies spiegelt die Tatsache wider dass die Epilepsie unterschiedliche Lebensbereiche der Betroffenen erfasst *Generalized Anxiety Disorder* Richard G. Heimberg,Cynthia L. Turk,Douglas S. Mennin,2004-01-28 In the last decade tremendous progress has been made in understanding and addressing generalized anxiety disorder GAD a prevalent yet long neglected syndrome associated with substantial functional impairment and reduced life satisfaction This comprehensive empirically based volume brings together leading authorities to review the breadth of current knowledge on the phenomenology etiology pathological mechanisms diagnosis and treatment of GAD Provided are psychological and neurobiological models of the disorder that combine cutting edge research and clinical expertise Assessment strategies are detailed and promising intervention approaches described in depth including cognitive behavioral interpersonal psychodynamic and pharmacological therapies Also covered are special issues in the treatment of GAD in children adolescents and older adults **Handbook of Assessment and Treatment Planning for Psychological Disorders** Martin M. Antony,David H. Barlow,2020-07-23 This authoritative clinical reference and text now revised and updated with 50% new content presents the assessment tools and strategies that every evidence based psychotherapy

practitioner needs Unlike most assessment texts the volume is organized around specific clinical problems It explains how to select and use the best measures to assess clients symptoms generate diagnoses plan appropriate treatments and monitor progress Clinician and student friendly features include tables comparing and contrasting relevant measures sample forms and case examples Every chapter addresses considerations for primary and managed care settings New to This Edition Chapters on new topics assessment of well being and transdiagnostic assessment New chapters on core topics eating disorders personality disorders and insomnia Updated throughout with DSM 5 diagnostic changes new and updated instruments current research and increased attention to transdiagnostic concerns Expanded coverage of obsessive compulsive and related disorders See also Clinical Handbook of Psychological Disorders Sixth Edition edited by David H Barlow which presents evidence based treatments step by step

Unveiling the Power of Verbal Artistry: An Emotional Sojourn through **Mini International Neuropsychiatric Interview**

In a global inundated with monitors and the cacophony of quick communication, the profound power and psychological resonance of verbal beauty frequently disappear into obscurity, eclipsed by the regular onslaught of sound and distractions. Yet, situated within the musical pages of **Mini International Neuropsychiatric Interview**, a interesting work of fictional elegance that pulses with organic feelings, lies an unforgettable journey waiting to be embarked upon. Composed by way of a virtuoso wordsmith, that mesmerizing opus books readers on an emotional odyssey, softly revealing the latent potential and profound affect embedded within the intricate web of language. Within the heart-wrenching expanse of the evocative examination, we will embark upon an introspective exploration of the book is main themes, dissect their captivating writing fashion, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

https://cmsemergencymanual.iom.int/files/detail/fetch.php/Next_Generation_Video_Coding_And_Streaming.pdf

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Mini International Neuropsychiatric Interview Introduction

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