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Williams' Basic Nutrition and Diet Therapy

Staci Nix



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care chapters focus your attention on related patient care problems Cultural Considerations boxes discuss how a patient's culture can affect nutritional concepts in practice Clinical Applications and For Further Focus boxes highlight timely topics and analyze concepts and trends in depth Bulleted chapter summaries review highlights from the chapter and help you see how the chapter contributes to the book's big picture Diet therapy guidelines include recommendations restrictions and sample diets for major clinical conditions Drug Nutrient Interactions boxes highlight important safety information and cover topics such as nutritional supplements for athletics drugs interfering with vitamin absorption and over the counter weight loss aids Key terms and definitions clarify terminology and concepts critical to your understanding and application of the material

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Research to Improve Practice boxes help you determine proper care to reinforce best practice Spanish translations are included for phrases commonly encountered with maternity and pediatric patients Improved design makes the text easier to read and up to date photos ensure accuracy **You Are What You Eat** Beth Ann Scharff Pusey, 2006-08-22 This book is mainly for the entry level health care students who need to start at the basics These students may be interested in various fields of study and this book would give them a general idea of nutrition and how people are affected by it It includes information about age groups cultures religions and diseases that the student may come in contact with From cover

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