

PORCELAIN VENEERS: TECHNIQUES AND PRECAUTIONS

BASIL MIZRAHI

Abstract

This article describes the restoration of four upper anterior teeth with porcelain veneers. Because such treatment is usually elective, all precautions should be taken to ensure treatment is as conservative as possible. It may also be necessary to carry out non-restorative adjunctive procedures to create a favourable environment and improve the long-term prognosis of the veneers. Porcelain is extremely fragile and complications such as post bonding fracture may occur. If and when this does happen the clinician should be aware of the possible cause and how to deal with the situation.

Clinical relevance

Careful case assessment, adjunctive treatment and precise clinical and laboratory techniques are important aspects to ensure optimal longevity and aesthetics of porcelain veneers. Despite all precautions, post treatment complications can occur.

Objectives

The reader should understand the importance of creating a favourable environment for treatment with porcelain veneers and the techniques involved in actual treatment. Used with the correct indications, porcelain veneers represent a relatively conservative treatment modality with the potential for an excellent aesthetic outcome and good longevity (Friedman, 1998; Dumfahrt and Schaffer, 2000; Peumans et al, 2004). Most veneers are placed for cosmetic reasons and are therefore elective. For this reason it is imperative to ensure minimal tooth destruction and attempt to achieve maximum restoration longevity. This requires careful case selection, treatment planning and precision in all clinical and laboratory stages. In thin sections, porcelain is a fragile and unforgiving material and despite taking precautions, complications may still occur during treatment with porcelain veneers. The following case details the technique involved in restoring the maxillary incisor teeth with porcelain veneers and illustrates a post treatment complication that may arise.

Case report

The patient presented complaining about the incisors had been restored numerous times with direct composite resin to treat interproximal decay as well as to close the interdental spaces.

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On examination the following findings were noted (Figures 1-4) :

- Wear of the central incisor edges creating a flat anterior occlusal plane
- Discolouration and marginal staining of the existing composite restorations.
- Gingival recession around the necks of lateral incisor, canine and first premolar teeth.

The combination of the worn incisal edges and increased width of the upper incisors due to the composite bonding, detracted from the smile in two aspects.

1. The length to width ratio of the central incisors was too small, making the teeth appear too square. According to Chiche and others a pleasing proportion is 80% (Chiche and Pinault, 1994; Magne et al, 2003).

2. The incisal edges of the central incisors were a similar length to those of the lateral incisors, creating a flat smile line. A more attractive appearance is obtained when the incisal edges of the central incisors are longer than those of the lateral incisors and the smile line forms an arc in harmony with the curvature of the lower lip (Sarver, 2001; Fradeani, 2004).

It was decided that porcelain veneers would be the optimal solution to deal with the restorative and aesthetic concerns. At this early stage, it was not possible to determine whether four or six veneers would be needed and this decision was delayed until a diagnostic wax-up had been carried out.

A potential complicating factor for porcelain veneers was the fact that the gingival recession meant that the cervical margin of the veneers would be on dentine (Figure 4), since it has been shown that veneers with their margins in enamel are more successful than those in dentine (Tjan et al, 1989; Lacy et al 1992; Ibarra et al 2007; Dumfahrt 2000; Friedman 1998).

Porcelain Veneers Techniques And Precautions

A Gutmann

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