



## Chapter 1

# SUTURING: THE BASICS

### KEY FIGURES:

Curved needles: tapered and cutting  
Eversion of skin edges  
Instruments: needle holder  
Instruments: forceps with teeth  
Instruments: suture scissors  
Holding scissors and needle holder  
Needle in the needle holder  
Holding the forceps  
Face bites vs. body bites  
Needle entering tissues at 90° angle

Simple sutures  
Continuous vs. interrupted closure  
Mattress sutures  
Buried intradermal sutures  
Figure-of-eight sutures  
Instrument tie  
Skin stapler in position  
Staple remover: clamp removing the staple  
Adhesive strips

Suturing is the joining of tissues with needle and “thread,” so that the tissues bind together and heal. The “thread” is actually specialized suture material.

Health care providers frequently encounter wounds in need of suturing, and it is important to become proficient. You can practice your suturing skills on pigs’ feet, available at a butcher shop. This chapter gives you all the necessary information to perform basic suturing, including:

- Types of needles and suture material
- Selection of material for various wounds and situations
- Techniques

Information about the proper use of local anesthetics for pain control while placing sutures is discussed in chapter 3.

### ***Suture Needles***

There are two broad classifications of needles: curved and straight. A straight needle can be used without instruments. A curved needle must be handled with forceps and a needle holder.

Although hand sewing with a straight needle does not require forceps, the technique is cumbersome and entails a much higher risk of accidentally sticking yourself. Hence, suturing with a straight needle is

# Basics Of Wound Care Practical Plastic Surgery

**Deepak K. Kalaskar, Peter E M  
Butler, Shadi Ghali**



## **Basics Of Wound Care Practical Plastic Surgery:**

*Practical Plastic Surgery* Zol B. Kryger, Mark Sisco, 2007-08-13 The attraction of plastic surgery is its tremendous scope and the multitude of approaches for every clinical situation Yet it is precisely these aspects of plastic surgery that make its study and teaching especially challenging Although there exist several excellent atlases and texts on this topic there are few references that are compact affo Principles and Practice Of Wound Care Sujata Sarabahi, V. K. Tiwari, 2012-05-15 Written by a multi disciplinary team of authors this manual is a comprehensive guide to wound care its healing and management treatment and also prevention Divided into four sections the book begins with an introduction to wound history evolution and healing The following chapters discuss general principles for wound management and then examine different types of wound in more depth including radiation diabetic foot infections bites vascular ulcers and pressure sores The final section looks at other factors influencing wound management such as nutrition physiotherapy oxygen therapy and regulated negative pressure therapy *Plastic Surgery - Principles and Practice* Rostam Farhadieh, Neil Bulstrode, Babak J. Mehrara, Sabrina Cugno, 2021-04-22 With detailed expert guidance on each essential topic Plastic Surgery Principles and Practice offers single volume convenience without sacrificing complete coverage of this multi faceted field Written by global leading authorities it provides concise easy to follow instruction with the clinical details and supportive data needed to achieve optimal patient outcomes Offers thorough coverage of facelift procedures rhinoplasty otoplasty and more along with clinical pearls from masters in the field Features hundreds of high quality images including anatomical line art case photos and procedural operative photos I Includes a superb selection of procedural videos of global experts performing key techniques within operating room and close up clinical pearls An ideal resource for residents fellows and practitioners in plastic surgery as well as those in otolaryngology vascular surgery and cosmetic dermatology **Practical Urology: Essential Principles and Practice** Christopher R. Chapple, William D. Steers, 2011-05-10 This book fulfils the need for a general urology text primarily urologists in training It has a novel format by having a clinical chapter always preceded by a scientific foundation chapter The scientific chapter is geared toward answering questions for boards and understanding pathophysiology is concise and relevant The clinical chapter is written around evidence based medicine and in how to format with algorithms with reference to AUA EAU guidelines well illustrated Urologic Principles and Practice Christopher R. Chapple, William D. Steers, Christopher P. Evans, 2020-01-02 This book fulfils the need for a general urology text primarily urologists in training It has a novel format by having a clinical chapter always preceded by a scientific foundation chapter The scientific chapter is geared toward answering questions for boards and understanding pathophysiology is concise and relevant The clinical chapter is written around evidence based medicine and in how to format with algorithms with reference to AUA EAU guidelines well illustrated **Textbook of Plastic and Reconstructive Surgery** Deepak K. Kalaskar, Peter E M Butler, Shadi Ghali, 2016-08-02 Written by experts from London s renowned Royal Free Hospital Textbook of Plastic and

Reconstructive Surgery offers a comprehensive overview of the vast topic of reconstructive plastic surgery and its various subspecialties for introductory plastic surgery and surgical science courses. The book comprises five sections covering the fundamental principles of plastic surgery, cancer, burns and trauma, paediatric plastic surgery and aesthetic surgery, and covers the breadth of knowledge that students need to further their career in this exciting field. Additional coverage of areas in which reconstructive surgery techniques are called upon includes abdominal wall reconstruction, ear reconstruction and genital reconstruction. A chapter on aesthetic surgery includes facial aesthetic surgery and blepharoplasty, aesthetic breast surgery, body contouring and the evolution of hair transplantation. The broad scope of this volume and attention to often neglected specialisms such as military plastic surgery make this a unique contribution to the field. Heavily illustrated throughout, *Textbook of Plastic and Reconstructive Surgery* is essential reading for anyone interested in furthering their knowledge of this exciting field. This book was produced as part of JISC's Institution as e-Textbook Publisher project. Find out more at <https://www.jisc.ac.uk/projects/institution-as-e-textbook-publisher>

**Trauma Nursing E-Book** Karen A. McQuillan, Mary Beth Flynn Makic, Eileen Whalen, 2019-08-18

**Trauma Nursing E-Book** *Current Principles and Practices of Telemedicine and E-health* Rifat Latifi, 2008. This book represents the most current development on the expanding and changing field of telemedicine and e-health, especially in the developing countries. Many things have changed since the publication of the first book in 2004. Establishing Telemedicine in Developing Countries: From Inception to Implementation. Telemedicine has become more popular and still continues to grow. While there are many good books and materials on telemedicine, this publication can be seen as the work of reference for all of those who want to practice telemedicine and e-health, particularly in developing countries. This publication deals with ways to establish telemedicine and e-health system, not only in the developing countries but also in the developed world. Hopefully, this book will be a guide that reflects the status of telemedicine at the given time. It is dedicated to all future generations of telemedicine and e-health students, which include healthcare practitioners, administrators, policy makers, technical professionals and others.

**Principles and Practice of Geriatric Surgery** Ronnie Ann Rosenthal, Michael E. Zenilman, Mark R. Katlic, 2011-07-12. In the preface to this impressive and well-produced book, the editors state that their aim is not to describe a new surgical specialty, since most surgeons will soon need to be geriatric surgeons, but to assemble a comprehensive account that will allow all providers of healthcare to the elderly to understand the issues involved in choosing surgery as a treatment option for their patients. This is a useful book that deserves to do well. I hope that the editors and their publisher will have the stamina to make this the first of several editions, as it is clear that updated information about surgery in the elderly will be required to keep pace with this important field.

**NEJM Book Review**

**Wound Healing** Ana Colette Maurício, Rui Alvites, Müzeyyen Gönül, 2023-06-14. Skin wounds are common occurrences that result from the breakdown of anatomical continuity and integrity of the epidermis, with consequent functional changes. Wound healing is a complex phenomenon through which there is healing of the skin. The wound healing

process begins immediately after the wound occurs and can be a lengthy and complex process depending on the severity of the wound and the normal or abnormal healing progress Wound healing progress through three distinct phases of inflammation proliferation and remodeling in a methodical and complex sequence that involves cellular molecular and humoral mechanisms of action Any change in this sequence of events can lead to abnormal wound healing Due to the health and psychological consequences of wounds that are difficult to heal there has been a continuous effort to develop new therapies that promote wound healing more quickly and effectively and that restore the skin's barrier function Nevertheless this situation remains a medical challenge This book presents some therapeutic advances based on new and innovative therapeutic options medical devices and biomaterials to promote wound healing It is a theoretical and practical reference for future research on chronic wound healing

*Oxford Textbook of Fundamentals of Surgery* William E. G. Thomas, Malcolm W. R. Reed, Michael G. Wyatt, 2016 A definitive accessible and reliable resource which provides a solid foundation of the knowledge and basic science needed to hone all of the core surgical skills used in surgical settings Presented in a clear and accessible way it addresses the cross specialty aspects of surgery applicable to all trainees

**Principles and Practice of Surgery, E-Book** O. James Garden, Rowan W. Parks, Stephen J. Wigmore, 2022-02-26 This comprehensive textbook is the surgical companion to the international bestseller Davidson's Principles and Practice of Medicine It provides an overview of core surgical topics encountered in an integrated medical curriculum and later in the clinical setting The book takes a succinct and practical approach to the understanding of surgical disease and care of the surgical patient It offers comprehensive coverage of the key surgical specialties and includes emerging issues around patient safety and the critical importance of clinical human factors in surgical practice Fully updated to reflect changes in understanding and evidence based practice this is a text that keeps the student up to date and that no trainee surgeon should be without Easy to read logical to follow Summary boxes and evidence boxes throughout to complement the text Superbly presented with line drawings high quality radiographic images and colour photographs to help in exams and in the clinical setting Aligned with undergraduate and postgraduate surgical curricula New chapters on professional and ethical responsibilities global surgery patient safety and clinical human factors Comprehensive information on global surgical practice Full online and eBook version available as part of Student Consult

*Principles and Practice of Head and Neck Surgery and Oncology* Paul Q. Montgomery, Peter H. Rhys Evans, Patrick J. Gullane, 2009-07-09 This second edition of an award winning title has been thoroughly updated by a team of world leading head and neck surgeons oncologists and allied healthcare professionals Principles and Practice of Head Neck Surgery and Oncology 2nd edition is a comprehensive evidence based account of the current scientific knowledge about head and neck t

**Plastic and Reconstructive Surgery** Mr. Rohit Manglik, 2024-05-24 Covers principles and procedures in cosmetic and reconstructive surgery including trauma reconstruction and aesthetic enhancements

**Global Orthopedics** Richard A. Gosselin, David A. Spiegel, Michelle Foltz, 2014-04-18 Global Orthopedics

Caring for Musculoskeletal Conditions and Injuries in Austere Settings was conceived and written to be a unique reference for surgeons working in resource limited environments The first sections provide historical background global public health perspectives of orthopedics the role of culture and a broad discussion of clinical topics that orthopedic surgeons rarely deal with in high resource settings but that affect orthopedic care Adult and pediatric trauma are presented in an anatomical format for easy reference with a focus on the natural history and the best treatment methods within existing limitations The chapters on musculoskeletal infections provide a focused discussion about these common debilitating conditions that is unavailable in any other single modern text The non infectious pediatric conditions section has been written for the non specialist to handle selected developmental and early childhood orthopedic problems commonly seen in low resource settings Detailed chapters on reconstruction surgery tumor management amputations and the orthopedic needs in the face of conflicts and natural disasters round out the text

**Surgery: Core Principles and Practice** John D Corson, Robin Williamson, 2017-08-31 Surgery Core principles and Practice is the second edition of this general surgery textbook providing essential core knowledge in a user friendly format Divided into 8 sections this two volume set begins with the principles of surgery followed by trauma gastrointestinal surgery vascular surgery breast surgery and endocrine surgery along with a dedicated section on surgical subspecialties The content of the book has been completely re organised from the first edition and includes new topics on acquiring surgical knowledge vascular access principles of endoscopy interventional radiology assessment and monitoring of critical illness aortic emergencies and immunosuppression An accompanying website includes the complete text images and references Surgery Core principles and Practice includes nearly 50 case studies on challenging real life cases The text is enhanced by over 800 full colour images and illustrations including clinical and diagnostic photographs and an accompanying website This is a comprehensive two volume surgery textbook written and edited by a world class team of surgeons at an appropriate level for both residents and practitioners Key Features New fully revised edition Over 800 full colour images and illustrations Challenging real life case studies World class editorial team from the UK and US

*The Royal Marsden Manual of Clinical Nursing Procedures* Lisa Dougherty, Sara Lister, 2015-03-05 Nationally recognised as the definitive guide to clinical nursing skills The Royal Marsden Manual of Clinical Nursing Procedures has provided essential nursing knowledge and up to date information on nursing skills and procedures for over 30 years Now in its 9th edition this full colour manual provides the underlying theory and evidence for procedures enabling nurses to gain the confidence they need to become fully informed skilled practitioners Written with the qualified nurse in mind this manual provides up to date detailed evidence based guidelines for over 200 procedures related to every aspect of a person's care including key information on equipment the procedure and post procedure guidance along with full colour illustrations and photos Following extensive market research this ninth edition contains the procedures and changes in practice that reflect modern acute nursing care includes thoroughly reviewed and updated evidence underpinning all procedures is organised and

structured to represent the needs of a patient along their care pathway integrates risk management into relevant chapters to ensure it is central to care contains revised procedures following hands on testing by staff and students at Kingston University is also available as an online edition *Fundamental Topics in Plastic Surgery* Diego Marre,2018-03-21 Given the wide ranging nature of the literature one must study in plastic surgery training a solid grounding in many fundamental principles and procedures is an absolute prerequisite to becoming a competent plastic surgeon And yet until now there has been no single source that collects these fundamental topics in one volume rather the information has had to be gleaned from the introductory chapters of multiple comprehensive textbooks The present volume takes a new approach and provides the trainee an opportunity to learn these fundamentals more efficiently and comprehensively through a single book This work will prepare the trainee to confidently advance to the more specific core topics in reconstructive and aesthetic plastic surgery Key Features Highly efficient presentation and organization of all fundamental plastic surgical topics 21 chapters cover such topics as patient safety normal and abnormal wound healing local anesthesia and nerve blocks soft tissue infections and antibiotics implants and biomaterials basic surgical techniques grafting of fat skin bone and other tissues flaps burns and much more Each chapter closes with a summary of key points Ideal for all surgeons in training *Fundamental Topics in Plastic Surgery* is a complete introduction to the science and technical expertise of aesthetic and reconstructive plastic surgery

**Radiation In Tissue Banking: Basic Science And Clinical Applications Of Irradiated Tissue Allografts** Abdul Aziz Nather,Norimah Yusof,Nazly Hilmy,2007-04-20 This important book discusses the need for gamma irradiation in the processing of tissue allografts With particular emphasis on tissue banking in the Asia Pacific region it covers a wide range of issues in tissue banking including the basic science of radiation quality control of the irradiation process and clinical applications of irradiated bone grafts and amnions A compulsory textbook for the well regarded Singapore based IAEA NUS Diploma Course in Tissue Banking it is also a useful guide for tissue bankers in establishing quality systems in their banks Whether they be tissue banking students tissue graft producers radiation scientists or transplantation surgeons readers of this book will discover the latest developments in this exciting interdisciplinary field **Rush University Medical Center**

**Review of Surgery E-Book** Jonathan A. Myers,Jose M. Velasco,2011-05-11 Rush University Medical Center Review of Surgery edited by Drs Velasco Bines Deziel Millikan McCarthy Prinz and Saclarides gives you a concise yet comprehensive review of both general surgery and surgical subspecialties in a user friendly question and answer format that mimics actual exams Thoroughly revised this 5th edition adds new chapters and updates existing chapters with the latest surgical techniques and practices plus an increased emphasis on ethics while maintaining its broad review of surgical topics to provide wide ranging and complete coverage of the information most important to you More than 1 500 peer reviewed questions mirror standardized test blueprints provide a realistic simulation of the actual test taking experience so you can become accustomed to the exam interface The Rush University Review is perfect for residents in training surgeons preparing

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