

Step-by-Step Instructions for self-injection



 Wash and dry your hands thoroughly.



 With other hand, pinch an inch of the cleansed area to make a fold in skin. Insert full length of needle straight down — at a 90° angle — into the fold of skin.



Sit or lie in a comfortable position, so that you can see your abdomen.



Press plunger with your thumb until syringe is empty.



 Choose an area on the right or left side of your abdomen, at least 2 inches from your belly button. Think "love handles."



 Pull needle straight out at the same angle that it was inserted, and release skin fold.



 Clean the injection site with alcohol swab. Let dry.



 Point needle down and away from yourself and others, and push down on plunger to activate safety shield.



 Remove needle cap by pulling it straight off the syringe and discard in sharps collector.



 Place used syringe in sharps collector.



Hold syringe like a pencil in your writing hand.

Please see additional Important Safety Information for LOVENOX® on back.

Please see accompanying Full Prescribing Information for Lovenox*, including boxed WARNING.

Important Safety Information for LOVENOX® (enoxaparin sodium injection)

You should call your doctor immediately if you notice any of the following: unusual bleeding or bleeding that lasts a long time, unusual bruising, signs of thrombocytopenia (such as a rash or dark spots under the skin), tingling or numbness (especially in the lower limbs), and muscular weakness.



Lovenox Self Injection Instructions Pictures

Michael Brown

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