

# Advanced Nutrition and Human Metabolism

SIXTH EDITION

SAREEN S. GROPPER

TACK L. SMITH

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and fat soluble vitamins including their regulatory roles in metabolism and provides information on vitamin and mineral food sources recommended intakes deficiency and toxicity With ADVANCED NUTRITION AND HUMAN METABOLISM 7th Edition students will be well prepared to continue their studies in the field of nutrition www amazon com **Advanced Nutrition** and Human Metabolism James L. Groff, Sareen Annora Stepnick Gropper, 2000 This text presents nutrition at the biochemical and metabolic level and covers the biochemistry of vitamins minerals and energy nutrients Written specifically for the advanced nutrition course this text continues to be the hallmark text used in the majority of courses across the country due to its selected topic coverage at the appropriate level Advanced Nutrition and Human Metabolism Sareen Gropper, Jack Smith, James L. Groff, 2004-04-16 The leading and most current text available for the capstone level undergraduate nutrition course Advanced Nutrition and Human Metabolism Fourth Edition provides a sophisticated understanding of digestion absorption and metabolism of fat protein and carbohydrates It covers the biochemistry of vitamins minerals and energy nutrients In addition the text examines the structure and function of water soluble and fat soluble vitamins and their regulatory role in metabolism looks at electrolyte and fluid balance and examines the role of nutrition in the development or exacerbation of chronic disease This text continues to set the hallmark for this course through the authors ability to clearly and accurately explain even the most complex metabolic processes and concepts Important Notice Media content referenced within the product description or the product text may not be available in the ebook version

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