

General Health Questionnaire (GHQ-12)

Full name of the patient: Vanya R. Levesque

Date accomplished: April 1, 2022

Full name of the assessor: Rennala A. Caria

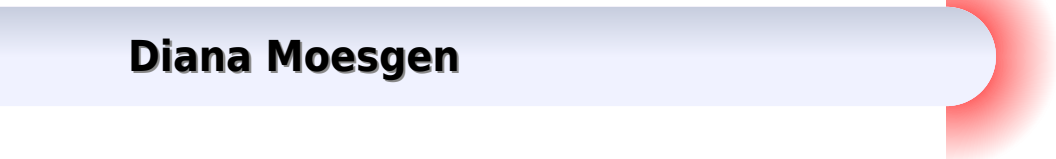
Instructions: Please answer the following questions by selecting the statements that you feel apply to you based on their respective items.

Have you recently...

Questions	Choices			
1. Been able to concentrate on what you're doing?	☐ Better than usual	☐ Same as usual	☒ Less than usual	☐ Much less than usual
2. Lost much sleep over worry?	☐ Not at all	☐ No more than usual	☒ Rather more than usual	☐ Much more than usual
3. Felt you were playing a useful part in things?	☐ More so than usual	☒ Same as usual	☐ Less useful than usual	☐ Much less useful
4. Felt capable of making decisions about things?	☐ More so than usual	☒ Same as usual	☐ Less so than usual	☐ Much less capable
5. Felt constantly under strain?	☐ Not at all	☐ No more than usual	☒ Rather more than usual	☐ Much more than usual
6. Felt you couldn't overcome your difficulties?	☐ Not at all	☐ No more than usual	☒ Rather more than usual	☐ Much more than usual
7. Been able to enjoy your normal day-to-day activities?	☐ More so than usual	☐ Same as usual	☒ Less so than usual	☐ Much less than usual
8. Been able to face up to your problems?	☐ More so than usual	☐ Same as usual	☒ Less so than usual	☐ Much less able
9. Been feeling unhappy and depressed?	☐ Not at all	☐ No more than usual	☒ Rather more than usual	☐ Much more than usual
10. Been losing confidence in yourself?	☐ Not at all	☐ No more than usual	☒ Rather more than usual	☐ Much more than usual
11. Been thinking of yourself as a worthless person?	☒ Not at all	☐ No more than usual	☐ Rather more than usual	☐ Much more than usual
12. Been feeling reasonably happy, all things considered	☐ More so than usual	☐ About same as usual	☒ Less so than usual	☐ Much less than usual

General Health Questionnaire Ghq 12

Diana Moesgen



General Health Questionnaire Ghq 12:

Psychische Störungen bei körperlichen Erkrankungen Martin Härter, Harald Baumeister, Jürgen Bengel, 2007-02-17
In der Versorgung von Patienten mit einer chronischen körperlichen Erkrankung wird die Hälfte der Patienten mit einer komorbiden psychischen Störung nicht erkannt und wiederum die Hälfte der erkannten Störungen nicht adäquat behandelt. Die negativen Effekte einer solchen Komorbidität erhöhen das Mortalitätsrisiko, steigende Gesundheitskosten, sinkende Lebensqualität der Patienten. Erforderlich ist daher eine interdisziplinäre Behandlung chronisch somatisch und psychisch erkrankter Patienten in der primär somatischen, in der psychotherapeutischen, psychiatrischen und psychosomatischen Versorgung. Voraussetzung ist das hier zusammengestellte Wissen über Auftretenshäufigkeit, Diagnostik und Ätiologie komorbider psychischer Störungen bei chronisch somatisch erkrankten Patienten. Neben Symptomatologie und Diagnostik psychischer Störungen bei körperlichen Erkrankungen werden auch Behandlungsansätze für verschiedene Erkrankungsbereiche und ein Fortbildungsansatz für Mediziner und Psychologen vorgestellt.

Arbeit als Lebensinhalt? Bärbel Bergmann,
Diagnostische Verfahren in der Rehabilitation Jürgen Bengel, Markus Wirtz, Christian Zwingmann, 2008-01-16
Der Band bietet eine umfassende Sammlung diagnostischer Verfahren im Bereich der Rehabilitation. Es werden sowohl krankheitsbergreifende Verfahren als auch Verfahren für ausgewählte Indikationsgebiete dargestellt. Nach einer Einführung, die einen systematischen Überblick über den Stellenwert psychologischer Diagnostik in der Rehabilitation liefert, wird in einem Beitrag auf die International Classification of Functioning (ICF) eingegangen. Anschließend beschreibt der erste Teil des Bandes krankheitsbergreifende Verfahren, die u.a. folgende Bereiche umfassen: Lebensqualität und Funktionszustand, Gesundheitsökonomisch orientiertes Assessment von Lebensqualität, Soziale Unterstützung, Rehabilitations- und Behandlungszufriedenheit. Im zweiten Teil werden ausgewählte Verfahren für die Indikationsgebiete Dermatologie, Diabetes, Gastroenterologie, Kardiologie, Onkologie, Orthopädie, Rheumatologie und Pneumologie vorgestellt. Verfahren, die im Rahmen der sozialmedizinischen Begutachtung zum Einsatz kommen können, runden den Band ab. Die Einheitlichkeit der Verfahrensbeschreibungen ermöglicht einen schnellen Zugang zu den wichtigsten Informationen. Angaben zum Anwendungsbereich und technischen Aspekten wie etwa Bearbeitungszeit und Auswertungsmethodik liefern wichtige Hinweise zum praktischen Einsatz der Verfahren.

Cambridge Handbook of Psychology, Health and Medicine Susan Ayers, Andrew Baum, Chris McManus, Stanton Newman, Kenneth Wallston, John Weinman, Robert West, 2007-08-23
Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals, and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international interdisciplinary cast of authors have reconceptualised their much-acclaimed handbook. The book is now in

two parts part I covers psychological aspects of health and illness assessments interventions and healthcare practice Part II covers medical matters listed in alphabetical order Among the many new topics added are diet and health ethnicity and health clinical interviewing mood assessment communicating risk medical interviewing diagnostic procedures organ donation IVF MMR HRT sleep disorders skin disorders depression and anxiety disorders Personale Gesundheitsressourcen in Studium und Arbeitsleben Jana Felicitas Bauer, 2019-04-29 Jana Felicitas Bauer nimmt in der Auseinandersetzung mit der Frage wie es gelingen kann trotz psychischer Belastungen in Studium und Arbeitsleben langfristig gesund zu bleiben eine ressourcenorientierte Perspektive ein Auf Basis eines transaktionalen Rahmenmodells stellt sie dar wie die drei personalen Gesundheitsressourcen allgemeine Selbstwirksamkeitserwartung Ungewissheitstoleranz und Achtsamkeit Stress sowie negative psychische Beanspruchung reduzieren konstruktive Bewältigung fördern und auf diese Weise langfristig zu mehr Gesundheit beitragen können **Empfehlungen für die Diagnostik und Therapie der Depression im Alter** Martin Hatzinger, Egemen Savaskan, 2019-06-25 Die Diagnostik und Therapie der Altersdepression kann nur interprofessionell und interdisziplinär erfolgreich durchgeführt werden Daher hat eine Expertengruppe unter der Federführung der Schweizerischen Gesellschaft für Alterspsychiatrie und psychotherapie SGAP Empfehlungen erarbeitet um die diagnostischen und therapeutischen Interventionsmöglichkeiten im Alltag übersichtlich darzustellen und um die Früherkennung und Therapie der Altersdepression zu fördern Ausführliche Darstellung der Epidemiologie der Pathophysiologie und der Ursachenhypothesen Alltagsorientierte Darstellung der klinischen Symptomatik und diagnostischen Möglichkeiten Demenz Abhängigkeitserkrankungen Persönlichkeitsstörungen Schmerz kardiovaskuläre Erkrankungen metabolische Störungen und Medikamente als komorbide und verursachende Faktoren Therapie mit Fokus auf Psychotherapie und Psychopharmakotherapie verschiedene psychotherapeutische Ansätze kritische Beurteilung der zur Verfügung stehenden Medikamente Therapieresistenz Augmentationsstrategien chronobiologische und interventionelle Verfahren Spezialtherapien Angeleitete Selbsthilfe Psychoedukation Problemlösestraining Rektionstherapie physische Aktivierung Entspannungsverfahren Verbesserung der sozialen Kompetenz Ergotherapie Künstlerische Therapien Suizidalität als besonderes Problem der Alterspsychiatrie Risikofaktoren Diagnose und Behandlung **Diagnostische Verfahren in der Psychotherapie** Kristina Geue, Bernhard Strauß, Elmar Brähler, 2016-06-20 Diagnostische Verfahren sind zu Beginn im Verlauf und zur Evaluation einer Psychotherapie von großer Bedeutung Der vorliegende Band stellt bewährte und häufig eingesetzte Verfahren in der psychotherapeutischen Praxis und Forschung vor Bei allen im Band beschriebenen Instrumenten handelt es sich um evaluierte Verfahren zur Selbst bzw Fremdbeurteilung die in einer deutschsprachigen Fassung vorliegen Die Beschreibungen sind nach einem einheitlichen Schema aufgebaut das eine schnelle Orientierung und eine gezielte Auswahl geeigneter Verfahren ermöglicht Informationen zum Anwendungsbereich zur Bearbeitungszeit und zur Auswertung liefern praktische Hinweise für die Durchführung In jeder Beschreibung wird auf den konkreten Einsatz in der

Psychotherapie eingegangen Vorgestellt werden sowohl st rungs bergreifende als auch st rungsspezifische Verfahren Bei den st rungs bergreifenden Verfahren werden u a die Bereiche k rperliche Beschwerden personale und soziale Ressourcen sowie emotionales Befinden abgebildet Die st rungsspezifischen Verfahren dienen u a der Erfassung von Abh ngigkeit Angst Depression Essst rungen Pers nlichkeitsst rungen Posttraumatischer Belastungsst rung und Zwangsst rungen Schlie lich umfasst der Band eine Vielzahl von Instrumenten zur therapiebezogenen Diagnostik mit denen sich u a Motivation und Therapieziele messen lassen F r die 3 Auflage wurden die einzelnen Beitr ge bearbeitet und aktualisiert und es wurden neue Verfahren aufgenommen Mit ber 100 Verfahren bietet der Band einen aktuellen berblick ber Instrumente f r den Einsatz in der Psychotherapie und erleichtert die Auswahl geeigneter Verfahren f r spezifische Fragestellungen

Mental Illness in General Health Care T. Bedirhan Üstün, Norman Sartorius, 1995-06-15 This book presents the largest international study of psychological disorders seen in primary health care Centres in fourteen countries participated in this investigation including Brazil Chile China India Nigeria and the USA as well as several European countries The study has shown how people with mental disorders present their problems to doctors and how likely their disorders are to be detected and treated

Flood Hazards and Health Roger Few, Franziska Matthies, 2013 Flood hazards and the risks they present to human health are an increasing concern across the globe in terms of lives well being and livelihoods and the public resources needed to plan for and deal with the health impacts This book is the first detailed assessment and discussion of the global health implications of flooding and future flood risk It combines an analysis of the human health impacts of flooding with analysis of individual and societal response to those risks and sets these findings in light of potential future increases in flood hazard as a result of climate change Written and edited by leading researchers and practitioners on flood hazards and human health the volume brings together findings from epidemiological environmental social and institutional studies with analysis rooted in an approach that emphasizes the developmental as well as environmental causes of flood risk and the socially differentiated nature of vulnerability and coping capacity The first part of the book sets out the scope of the issues and provides a detailed discussion of the global health impacts of floods and the nature of human response to the health risks posed The second part presents new research evidence on specific health aspects of floods covering mental health infectious diseases local level responses and the responses of health systems drawing on case study material from Europe Africa Asia and North America including the impact of Hurricane Katrina in 2005 The conclusion synthesizes insights from the previous chapters and discusses priorities for policy practice and research It draws out implications for present and future adaptation to flooding and emphasizes the need to integrate action on health with the broader agenda of long term risk reduction This is indispensable reading for professionals and researchers working on hazard and disaster planning risk reduction and public health in all countries and contexts

Kinder und Jugendliche aus alkoholbelasteten Familien: Dysfunktionale Kognitionen und Verhaltensauffälligkeiten Diana Moesgen, 2014-07 Kinder und Jugendliche aus alkoholbelasteten Familien stellen eine

besondere Risikogruppe für die Entwicklung von Suchterkrankungen oder anderen psychischen Störungen. Pathologische Entwicklungsverläufe resultieren aus einem Zusammenspiel verschiedener Risiko- und Schutzfaktoren, wenig beachtet wurde bislang die Rolle dysfunktionaler Kognitionen. Die vorliegende Fragebogenstudie untersucht 72 Jugendliche aus suchtbelasteten Familien und 109 unbelastete Jugendlichen zwischen 12 und 18 Jahren. Belastete Jugendliche weisen eine höhere psychische Symptombelastung auf als Jugendliche aus unbelasteten Familien. Hinsichtlich kognitiver Muster unterscheiden sich belastete Jugendliche kaum von unbelasteten Jugendlichen. Es stellte sich jedoch in beiden Gruppen heraus, dass kognitive Faktoren bedeutsam für die Entwicklung psychischer Auffälligkeiten sind. Ähnliche Ergebnisse zeigten sich für Variablen der Eltern-Kind-Beziehung. Der Bearbeitung kognitiver Muster und familiärer Faktoren kommt somit eine besondere Bedeutung zu, sowohl in der selektiven Präventionsarbeit mit Jugendlichen aus alkoholbelasteten Familien als auch in der universellen Präventionsarbeit mit unbelasteten Jugendlichen.

Measuring Health Ian McDowell, 2006. Worldwide economic constraints on health care systems have highlighted the importance of evidence based medicine and evidence based health policy. The resulting clinical trials and health services research studies require instruments to monitor the outcomes of care and the output of the health system. However, the overabundance of competing measurement scales can make choosing a measure difficult at best. *Measuring Health* provides in-depth reviews of over 100 of the leading health measurement tools and serves as a guide for choosing among them. Now in its third edition, this book provides a critical overview of the field of health measurement with a technical introduction and discussion of the history and future directions for the field. This latest edition updates the information on each of the measures previously reviewed and includes a complete new chapter on anxiety measurement to accompany the one on depression. It has also added new instruments to those previously reviewed in each of the chapters in the book. Chapters cover measurements of physical disability, social health, psychological well-being, anxiety, depression, mental status, testing pain, general health status, and quality of life. Each chapter presents a tabular comparison of the quality of the instruments reviewed, followed by a detailed description of each method, covering its purpose and conceptual basis, its reliability and validity, and where possible, shows a copy of the actual scale. To ensure accuracy of the information, each review has been approved by the original author of each instrument or by an acknowledged expert.

The Mental Health of Medical Students Andrew Molodyski, Sarah Marie Farrell, Dinesh Bhugra, 2024. Recent research has found high levels of stress and burnout amongst medical students, leading to students dropping out or leaving the profession early. This book explores burnout in medical students from across the globe and provides ideas for a model of care to help educators and individuals take steps towards better student wellbeing.

International Journal of Indian Psychology, Volume 6, Issue 2, (No. 3) IJIP.IN, 2018-07-30 **Mental Health Promotion and Protection** Naseem Akhtar Qureshi, Samrat Singh Bhandari, Giorgio Di Lorenzo, Harshavardhan Sampath, 2023-09-13. The WHO constitution states: Health is a state of complete physical, mental, and social well-being and not merely the absence

of disease or infirmity There are multiple factors that contribute towards good mental health including civil liberties politics economics social rights and cultural diversity and quality of life of the individual and the society as a whole The promotion of mental health spans many disciplines in order to cover all these factors such as education work justice housing and welfare Therefore it is important to collaborate to create an environment that promotes and supports mental health to improve psychological well being and allow individuals to realize their own abilities work productively and contribute to society and live fulfilling lives There is no health without mental health that is vital to individuals families communities and societies across the world and so the goal of this Research Topic is to collate ideas and research of strategies for the promotion of mental health across all disciplines in order to raise awareness of mental health promotion and protection to ensure its incorporation in national mental health policies going forwards This is of particular relevance given the mental health crisis being experienced across the world right now

Presenteeism in the Aftermath of COVID-19: New Trends and Contributions Regarding Sickness Presence at Work Aristides I. Ferreira,Luis F. Martinez,Merce Mach,Mariella Miraglia,2022-05-03

Cognitive-Behavioral Strategies in Crisis Intervention Frank M. Dattilio,Arthur Freeman,2012-08-22 This book has been replaced by Cognitive Behavioral Strategies in Crisis Intervention Fourth Edition ISBN 978 1 4625 5259 7

Advances in Women's Health Research and Treatment: 2011 Edition ,2012-01-09 Advances in Women s Health Research and Treatment 2011 Edition is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Women s Health The editors have built Advances in Women s Health Research and Treatment 2011 Edition on the vast information databases of ScholarlyNews You can expect the information about Women s Health in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of Advances in Women s Health Research and Treatment 2011 Edition has been produced by the world s leading scientists engineers analysts research institutions and companies All of the content is from peer reviewed sources and all of it is written assembled and edited by the editors at ScholarlyEditions and available exclusively from us You now have a source you can cite with authority confidence and credibility More information is available at [http www ScholarlyEditions com](http://www.ScholarlyEditions.com)

Work Stress and Coping Among Professionals Kwok-bun Chan,2007-02-28 While aspiring to escape from the drudgery and alienation which seem to be the fate of manual workers professionals have long realized to their distress that their professionalism and work commitment by no means reduce the stressfulness of their work Such an awareness of the impact of work on their physical and emotional well being has led the professionals to make efforts to maximize their person environment fit and to enhance their coping and adaptation knowing sometimes helplessly that society bureaucracy and work organization continue to be a potent source of work stress This book offers deep analyses of work stress and coping among professionals by a multidisciplinary research team of sociologists psychologists psychiatrists social workers and human resources experts The work lives of seven groups of professionals are profiled and compared in

this book doctors lawyers engineers nurses teachers police officers and life insurance agents Based on a large scale survey in depth interviews and comparative analyses this book suggests practical recommendations and policy measures for personal organizational as well as societal intervention Work stress is a social problem as such it requires a societal solution Meanwhile individual professionals cope and adapt in the way they know best which is certainly not a satisfactory response

Issues in Prevention, Diagnostics, Screening, Statistics, and Testing: 2011 Edition ,2012-01-09 Issues in Prevention Diagnostics Screening Statistics and Testing 2011 Edition is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Prevention Diagnostics Screening Statistics and Testing The editors have built Issues in Prevention Diagnostics Screening Statistics and Testing 2011 Edition on the vast information databases of ScholarlyNews You can expect the information about Prevention Diagnostics Screening Statistics and Testing in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of Issues in Prevention Diagnostics Screening Statistics and Testing 2011 Edition has been produced by the world s leading scientists engineers analysts research institutions and companies All of the content is from peer reviewed sources and all of it is written assembled and edited by the editors at ScholarlyEditions and available exclusively from us You now have a source you can cite with authority confidence and credibility More information is available at [http www ScholarlyEditions com](http://www.ScholarlyEditions.com)

Integrative Body-Mind-Spirit Social Work Mo Yee Lee,2009-03-25 In recent years interest in non Western curative techniques among Americans has grown by leaps and bounds Integrative Body Mind Spirit Social Work is the first book to strongly connect Western therapeutic techniques with Eastern philosophy and practices while also providing a comprehensive and pragmatic agenda for social work and mental health professionals This breakthrough text written by a cast of highly regarded researchers from both Asia and America presents a holistic therapeutic approach that ties Eastern philosophy and practical techniques to Western forms of therapy in order to help bring about positive transformative changes in individuals and families Integrative therapy focuses on the mind body spirit relationship recognizes spirituality as a fundamental domain of human existence acknowledges and utilizes the mind s power as well as the body s and reaches beyond self actualization or symptom reduction to broaden a perception of self that connects individuals to a larger sense of themselves and to their communities Here the authors provide a pragmatic step by step description of assessment and treatment techniques that employ an integrative holistic perspective They begin by establishing the conceptual framework of integrative body mind spirit social work then expertly describe step by step assessment and treatment techniques that utilize integrative and holistic perspectives Several case studies demonstrate the approach in action such as one with breast cancer patients who participated in body mind spirit and social support groups and another in which trauma survivors used meditation to get onto a path of healing These examples provide solid empirical evidence that integrative body mind spirit social work is indeed a practical therapeutic approach in bringing about tangible

changes in clients The authors also discuss ethical issues and give tips for learning integrative body mind spirit social work Professionals in social work psychology counseling and nursing as well as graduate students in courses on integral alternative or complementary clinical practice will find this a much needed resource that complements the growing interest in alternatives to traditional Western psychotherapy

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