

REHABILITATION NOTES

REHABILITATION SECTION
BALTIMORE CITY MEDICAL SOCIETY

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EDITOR

FUNCTIONAL EVALUATION: THE BARTHEL INDEX

*A simple index of independence useful in scoring improvement
in the rehabilitation of the chronically ill*

Since 1955, the chronic disease hospitals in Maryland (Montebello State Hospital, Deer's Head Hospital, and Western Maryland Hospital) have been using a simple index of independence to score the ability of a patient with a neuro-muscular or musculoskeletal disorder to care for himself, and by repeating the test periodically, to assess his improvement. The Index (BI) has also been taught to many nurses, who have been helpful in evaluating patients prior to admission to these hospitals and after discharge.

FLORENCE I. MAHONEY, M.D.,
AND
DOROTHEA W. BARTHEL, BA, PT

The values assigned to each item are based on time and amount of actual physical assistance required if a patient is unable to perform the activity. Full credit is not given for an activity if the patient needs even minimal help and/or supervision, i.e., if he cannot safely perform the activity without someone present in the room with him. Because of the time required to attend an incontinent patient and since he is not socially acceptable, continence was weighted heavily.

Environmental conditions may affect the patient's score. If he has special requirements (other than the usual home setting), his score will be lower when they are not met. Examples are: doorways wide enough for easy access by wheelchair; all rooms on the same level if he cannot walk; grab bars at the toilet and tub.

To be more valuable, an explanation of special environmental requirements should accompany the BI of each patient when these are indicated.

Each patient's BI is scored at the beginning of treatment in the Rehabilitation Service (PM&R), at intervals during the course of his rehabilitation, and at the time of maximum benefit. In this way, it is possible to determine how well and how rapidly he has progressed toward independence. Sometimes improvement does not show up because the presence of another person may still be required even though he does not actually give physical assistance. Usually lack of improvement in the BI after a reasonable period of treatment indicates poor potential for rehabilitation.

Functional Evaluation The Barthel Index

**Wolf-D. Oswald, Gerald Gatterer, Ulrich
M. Fleischmann**

Functional Evaluation The Barthel Index:

Functional Evaluation of Stroke Patients Naoichi Chino, John L. Melvin, 2012-12-06 Stroke is one of the major causes of disability in the world Consequently an effective rehabilitation regimen is the goal of specialists working in the field worldwide The implementation of rehabilitation programs for the stroke patient is broad in scope and requires first of all an objective scientific evaluation method In 1980 the World Health Organization developed the International Classification of Impairments Disabilities and Handicaps It categorized impairments and disabilities on the basis of functional evaluation but took into account cultural and socioeconomic factors when defining handicaps thus making it difficult to use the same functional evaluation instrument for the three phenomena In this monograph experts in the treatment of stroke from Japan the United States and Europe share their ideas presented during the 31st Annual Convention of the Japanese Association of Rehabilitation Medicine held in June 1994 All the participants freely contributed their views on the functional assessment and prognosis of stroke patients Indeed their contributions shed light on possible breakthroughs in the future for the development of rehabilitation regimens for stroke patients

Leistungs-, Intelligenz- und Verhaltensdiagnostik Lutz F. Hornke, Manfred Amelang, Martin Kersting, 2011-08-05 Der Band erörtert zunächst die Grundlagen Eigenschaften und Probleme der testorientierten Leistungsdiagnostik Zudem werden u.a. folgende Themen behandelt Konzentrationsfähigkeit Intelligenz diagnostische Fragestellungen im Bereich der Wissensleistung der körperlichen und geistigen Entwicklung der schulischen Leistung und der körperlichen Funktionsfähigkeit Schließlich werden aktuelle Entwicklungen im Bereich der computergestützten Diagnostik insbesondere zum adaptiven Testen aufgegriffen Hierzu werden neue Ansätze zum internetgestützten Testen beleuchtet und damit verbundene Vor- und Nachteile technischer Innovationen diskutiert

Functional Evaluation, the Barthel Index Florence I. Mahoney, Dorothea W. Barthel, 1965 **Psychologische Demenzdiagnostik** Ursula von Kieckebusch, 2015-09-15 Vor- und Nachteile der 50 häufigsten Tests Kritische Diskussion von Testinterpretationen Praxisnahe Fallbeispiele Merksätze Hinweise auf Fehlerquellen Psychologische Diagnostik ist neben medizinischer unverzichtbar wenn bei Therapie und rechtliche Aspekte bei Demenz entschieden wird Wie kann man zuverlässig messen wie gut Gedächtnis Denken Konzentration und alltagspraktisches Handeln bei Menschen mit Verdacht auf Demenz funktionieren Was ist bei der Interpretation von Testergebnissen zu beachten Die Autorin gibt einen systematischen Überblick über die häufigsten psychologischen Screenings und Tests Sie erklärt die Bedeutung von Kennwerten und ordnet die Aussagekraft einzelner Testergebnisse kritisch ein Vergleichende tabellarische Übersichten Kasuistiken Glossar und Testverzeichnis zum schnellen Nachschlagen machen das Buch zu einem unverzichtbaren Begleiter für die demenzdiagnostische Praxis

Recovery After Stroke Michael P. Barnes, Bruce H. Dobkin, Julien Bogousslavsky, 2005-03-10 Covering neuroscience and rehabilitation strategies an essential handbook and reference for multidisciplinary stroke rehabilitation teams **Grundfragen und Anwendungsfelder psychologischer Diagnostik** Lutz

F. Hornke, Manfred Amelang, Martin Kersting, 2011-04-08 Der Band behandelt umfassend die Anwendungsfelder der psychologischen Diagnostik ihre grundlegenden Fragestellungen und diagnostischen Zugänge zu deren Bearbeitung Die wesentlichen theoretischen Konzepte werden mit dem aktuellen Forschungsstand verknüpft und zukünftige Entwicklungsmöglichkeiten aufgezeigt Es werden u.a. folgende Themen behandelt Qualitätsstandards psychologischer Diagnostik Theoretische Grundlagen der Entwicklungsdiagnostik Anwendungen der Psychodiagnostik in der Arbeits- und Organisationspsychologie Interkulturelle Eignungsdiagnostik Diagnostik in der Markt- und Werbeforschung Persönlichkeit in Lehr- und Lernkontexten Evaluation von Hochschullehre Klinisch-psychologische Diagnostik Diagnostik in der Rehabilitation Gesundheitspsychologische Diagnostik und Neuropsychologische Diagnostik Handbuch Schädelhirntrauma Eckhard Rickels, Jürgen Piek, 2018-06-25 Trotz aller Fortschritte in Diagnostik und Therapie ist das Schädelhirntrauma noch immer die Haupttodesursache der unter 45-Jährigen und die Haupttodesursache von Kindern unter fünfzehn Jahren Das vorliegende Buch bietet eine umfassende Darstellung der Thematik von der Präklinik bis zur Rehabilitation *Geriatrisches Assessment* Helmut Frohnhofer, 2021-09-01 Das vorliegende Buch gibt einen Überblick über den aktuellen Stand des geriatrischen Assessments Zunächst erfolgt eine kritische Einführung in die Methodik von Testungen und der Einsatz des geriatrischen Assessments in der Hausarztpraxis im Pflegeheim in der stationären Geriatrie und in nicht-geriatrischen Fachdisziplinen wird diskutiert Dies ermöglicht dem Leser auch nicht in diesem Buch aufgeführte Testverfahren zu bewerten Im zweiten Teil werden die wichtigsten geriatrischen Testverfahren vorgestellt die nach den Domänen basale und instrumentelle Aktivitäten des täglichen Lebens Kognition Emotion Mobilität Ernährung Schmerz und Schlaf geordnet sind **Der Mensch in der Psychiatrie** Friedemann Pfäfflin, Hertha Appelt, Michael Krausz, Michael Mohr, 2013-03-12 In 33 Einzelbeiträgen behandeln führende Wissenschaftler aus der Psychiatrie des In- und Auslandes zentrale Fragestellungen der Psychiatrie Das Menschenbild in der Psychiatrie Möglichkeiten und Grenzen psychiatrischen Denkens und Handelns Fragen des Krankheitsbegriffs Sexualität und psychische Erkrankung Psychotherapie und Zeitgeist anthropologische Aspekte psychiatrischer Alterserkrankungen Extremsituationen Psychiatrie der Verfolgten KZ Haft und psychische Traumatisierung sowie völlig neue Ergebnisse über die Rolle der Universitätspsychiatrie Hamburgs im Kontext der NS-Psychiatrie zur Psychiatriereform den Grundrechten in der Psychiatrie dem Konzept sexueller Gesundheit der WHO zur Erforschung der therapeutischen Beziehung in der Psychiatrie zu Übertragung und Gegenübertragung und zu deren Einfluss und Auswirkung auf Theoriebildung einzelner Krankheitsbilder und Behandlungsergebnisse **Handbook of Neurologic Rating Scales, 2nd Edition**, Rating scales are used daily by everyone involved in the management of patients with neurologic disease and in the design and management of neurologic clinical trials Now there is a single source for the wide range of scales used in specific neurologic diseases and neurorehabilitation You will refer to this volume constantly The first edition of the Handbook of Neurologic Rating Scales quickly became an invaluable reference work on the increasing array of scales for measuring neurologic disease In the brief

few years since the first edition the importance of this book has only increased New Chapters Include Scales On Generic and general use Pediatric neurology and rehabilitation Peripheral neuropathy and pain Ataxia HIV AIDS And instruments for diagnosing headaches Formal measurement of the effects of neurologic disease and of treatment effects beyond the description of changes on the standard neurologic examination is a relatively recent development Controlled clinical trials and outcomes research are at the heart of modern information based medicine and neurologic scales are essential tools in clinical trials designed to provide this information A Resource for Clinical Trials The Handbook of Neurologic Rating Scales provides a resource for clinicians and clinical investigators in the broad field of neurology and neurologic rehabilitation to help them evaluate the clinical trials literature by providing information on the scales being used evaluate and select appropriate and efficient scales for clinical trials and outcomes research and provide information that will help them to develop new scales or measures or to improve existing ones A Resource for Evaluating Disease Status Outcomes research is playing an increasingly important role in clinical management and neurorehabilitation and these also depend largely on measurement of disease status and change In this era of managed care neurologists must produce outcomes data demonstrating the effectiveness of neurologic care if the specialty is to survive and certainly if it is to thrive Even effective therapies are likely to fall by the wayside if studies to prove their effectiveness are not done Comprehensive and Standardized Information on All Scales Each chapter in this volume contains the scales of importance and in current use including a sequence of scale descriptions and specific scales in a standard format as well as a summary and recommendations indicating which scales are most useful for specific purposes and whether a combination of scales is particularly useful or if better scales are needed Each entry notes the purpose for which the scale was developed and its current uses if they differ from those for which it was developed a detailed description of the scale information about validation such as Does the scale have face validity i e does it appear to measure what it purports to measure how and by whom the scale is administered the time needed to administer and score the scale the scale itself or when the scale is proprietary or too long for inclusion a description and key references special considerations including unusual measures needed to obtain a valid score or problems in administering the test in specific patients advantages or what makes the scale good or useful Disadvantages or what makes the scale difficult to use or impairs its reliability key references including the original publication of the scale and its validation Downloadable PDFs of the scales contained in the Handbook of Neurologic Rating Scales are included with the purchase of this book The password to download the files can be found in the book itself

Oxford Textbook of Rheumatoid Arthritis David L. Scott, James Galloway, Andrew Cope, Arthur Pratt, Vibeke Strand, 2020-09-18 This brand new textbook of rheumatoid arthritis RA is an important addition to the Oxford Textbooks in Rheumatology series and provides a comprehensive overview of both the scientific and clinical aspects of the disease Divided into eight sections from the history diagnosis and epidemiology of the disease through the pathogenesis clinical presentation

and assessment to treatments and management strategies both drug and non drug based each chapter is written by leading clinicians and scientists in the field to deliver a contemporary view of RA During the past two decades there have been revolutionary changes in the understanding and management of rheumatoid arthritis in particular the development of biological treatments This has had wide ranging effects on almost all aspects of treatment from effectiveness and intensity to the nature and the cost Providing a comprehensive account of the modern ideas about the disease the Oxford Textbook of Rheumatoid Arthritis is a key new addition to the literature with each chapter providing a detailed background key recent advances and areas of doubt and future developments Featuring over 170 photographs radiological images and clinical charts to aid both diagnosis and illustrate the rationale behind key scientific studies this new title will prove an indispensable resource for specialist rheumatologists trainees in rheumatology and other members of the multi disciplinary team

Klinische Neuropsychologie Johann Lehrner, Gisela Pusswald, Elisabeth Fertl, Wilhelm Strubreither, Ilse Kryspin-Exner, 2006-04-07 Dieses umfassende gut strukturierte und anschauliche Lehrbuch wurde aus einer interdisziplinären Initiative von Psychologen und Medizinern entwickelt Das Buch beinhaltet alle wichtigen Themen der postgraduellen Ausbildung zum klinischen Neuropsychologen und stellt den derzeitigen State of the Art dar Das Grundlagenwissen wie etwa Neuroanatomie und Untersuchungsmethoden sowie klinische Aspekte häufiger Gehirnerkrankungen spezielle neuropsychologische Syndrome und auch therapeutische Zugänge werden von Spezialisten des jeweiligen Fachgebietes praxisnah dargestellt Zahlreiche Abbildungen illustrieren dabei die oft komplexe Thematik Ergänzt wird das Buch durch ein umfangreiches Glossar und zahlreiche Literaturangaben Zielgruppe sind in erster Linie Absolventen der Studienrichtung Psychologie die sich speziell für Neurowissenschaften interessieren Es eignet es sich aber auch für Berufsgruppen wie Ärzte Logopäden Ergo- oder Physiotherapeuten und Studenten der Psychologie

NeuroRehabilitation Peter Frommelt, Hubert Lösslein, 2011-02-24 Das Praxisbuch der Neurorehabilitation mit neuem Konzept und rundum modernisiert Das große Praxisbuch bietet Grundlagen und Praxiswissen detailliert kritisch verständlich und an den Bedürfnissen der Patienten orientiert ein rundum alltagstaugliches Arbeitsbuch für Teams ein Lehrbuch für die Aus- und Weiterbildung Umfassend Mit ausführlicher Darstellung der Grundlagen und der Tätigkeitsfelder angefangen von der Behandlung auf der Stroke Unit bis hin zur Rückkehr in Familie und Beruf Interdisziplinär Die gemeinsame Ausbildungs- und Arbeitsgrundlage für alle Berufsgruppen die in interdisziplinären Teams zusammenarbeiten Ärzte Pflegekräfte Physiotherapeuten Ergotherapeuten Logopäden Neuropsychologen Sozialpädagogen Musiktherapeuten und alle Aktuell Wissenschaftlich evidenzbasiert durchgängig mit bio psychosozialer Orientierung und von den Prinzipien der ICF Internationale Klassifikation der Funktionsfähigkeit Behinderung und Gesundheit geleitet Kompetent Fundiertes Fachwissen aus langjähriger Erfahrung vermittelt von über 50 renommierten internationalen Autoren aus Deutschland Schweiz Großbritannien Finnland USA Informativ Auch mit Reflexionen über Themen wie Kontextsensitive Neurorehabilitation Teamarbeit und Zielsetzung Sexualität Identität und

Biografie Holistische neuropsychologische Rehabilitation Leserfreundlich Leicht zugänglich mit einheitlichem Aufbau der Kapitel optischer Textstrukturierung mit Trailern Praxistipps bersichtsbboxen Exkursen N her betrachtet und mehr **Die Behandlung tracheotomierter Patienten mit schwerer Dysphagie** Ulrike Frank,2008 *Gerontopsychologie* Wolf-D. Oswald,Gerald Gatterer,Ulrich M. Fleischmann,2008-04-21 Die Psychologie des Alterns ist ein immer wichtigeres Thema in unserer alternden Gesellschaft Das renommierte Autorenteam r umt mit dem Vorurteil alt ist gleich krank auf Alter und Gesundheit sind u a abh ngig von der Biografie von sozio konomischen Bedingungen und dem eigenen Verhalten Das Buch liefert grundlegende Einblicke in alterspsychologische Themen wie Denken und Ged chtnis Langlebigkeit und Pr vention Die aktualisierte 2 Auflage wurde um Abschnitte zur Angeh rigenberatung und Fragen rund um Pflege Tod und Sterben erweitert

Gerontoneurologie Hermann Ackermann,2006 **Oxford Handbook of Neuroscience Nursing** Sue Woodward,Catheryne Waterhouse,2021 This handbook is for nurses needing practical guidance in clinical situations either as an aide memoire for the specialist nurse or an essential reference source for newly qualified nurses caring for people with neurological problems for the first time **Assessments in der Rehabilitation** Stefan Schädler,Jan Kool,Hansjörg Lüthi,Detlef Marks,Peter Oesch,Adrian Pfeffer,Markus Wirz,2020-11-23 Nach Band 2 Bewegungsapparat im vergangenen Jahr ist nun auch der Band 1 Neurologie der Autorengruppe neu aufgelegt und macht die Serie der Assessments in der Rehabilitation wieder komplett Die neue Auflage ist bearbeitet und mit acht neuen Assessments wie DEMMI oder der Mini BESTest erg nzt Gleich geblieben ist der Ansatz der Autoren ausgew hlte Assessments der Neurologie anhand wissenschaftlicher Kriterien zu beurteilen und zu beschreiben erg nzt durch Empfehlungen zur Verwendung in den Bereichen Diagnose Prognose und Behandlungsergebnis Mit diesem Wissen im R cken w hlen die Physiotherapeuten f r den jeweiligen Zweck die richtigen Assessments aus Die Testergebnisse der Assessments erfassen die Behandlungsziele der Rehabilitation den betroffenen Menschen eine bestm gliche Selbstst ndigkeit und Funktionsf higkeit zu erm glichen im Dienste der sozialen Teilhabe Inhalt und Einteilung des Buches richten sich auf die Praxis aus Die Tests sind so beschrieben dass der Leser sie sofort anwenden kann Frageb gen sind m glichst in der deutschen validierten Form wiedergegeben Die CD enth lt die Manuale sowie die Erfassungsformulare und Fragebogen die f r den Einsatz in der t glichen Praxis direkt ausgedruckt werden k nnen Einige Assessments sind neu auf der CD als Instruktionsvideos zu finden **Elder Care in Occupational Therapy** Sandra Cutler Lewis,2003 Elder Care in Occupational Therapy has been extensively revised into a new and completely updated second edition This pragmatic text presents up to date information in a user friendly format that seamlessly flows from one subject to the next From wellness to hospice Elder Care in Occupational Therapy Second Edition offers a broad yet detailed discussion of occupational therapy practice that is devoted to older adults A wide variety of topics are covered in a concise format such as historical perspectives theoretical insights the aging process and current interventional strategies to name a few Twenty informative appendices are also included that clarify issues such as Medicare

coverage community and clinical living arrangements client centered practice exercise programs evidence based practice and a summary of the newly adopted Occupational Therapy Practice Framework Domain and Process Additional features Contains information about the most advanced scientific achievements that can ultimately affect occupational therapy Lists new and updated resource materials Presents case studies that provide theoretical considerations and Intervention methods Clearly discusses exciting and new venues for occupational therapy programming Explains fundamentals of documentation and current reimbursement issues Perfect for the student or clinician Elder Care in Occupational Therapy Second Edition provides classic professional information on theory disease entities and intervention in a comprehensive format

Handbuch Motorische Tests Klaus Bös, 2017-04-24 Das Handbuch enthält eine Zusammenstellung von über 300 Diagnoseverfahren die eine Erfassung und Beurteilung motorischer Handlungen und motorischen Verhaltens auf der Ebene von Fähigkeiten Funktionen und Verhaltensaspekten ermöglichen machen Die vollständige Neubearbeitung des 1987 erstmals erschienenen Handbuches motorischer Tests trägt der Ausdifferenzierung und der Erschließung neuer Tätigkeitsfelder in der Sportwissenschaft und der zunehmenden Bedeutung von körperlicher Aktivität und Sport für die motorische Entwicklung und die Gesundheit im Lebenslauf Rechnung Neben Verfahren für die traditionellen Anwendungsfelder sportwissenschaftlicher Diagnostik werden auch motorische Diagnoseverfahren für die Bereiche Gesundheits- und Rehabilitationssport Sporttherapie Motorik und Sonderpädagogik Entwicklungs- und Gesundheitspsychologie dargestellt Die Tests und Fragebogen werden anhand eines Kriterienrasters nach den Aspekten Dokumentation Konzeption und Teststatistik beschrieben und zusätzlich kommentiert Der Leser erhält durch diese differenzierte Beschreibung sowie durch zusammenfassende Tabellen und Systematisierungen eine praxisorientierte Entscheidungshilfe für die Auswahl und Anwendung von Tests und Fragebögen

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