

Be Your Own Beautician Goumaiore

Parvesh Handa

Be Your Own Beautician Goumaiore:

Be Your Own Beautician A Reejhsinghani, 1976 The book provides lots of great information on beauty health diet exercise problem skin ageing corrective make up and hair care that is well organized into different sections The way the various parts and sections are presented makes the information easy to understand and follow A Reejhsinghani provides a detailed table of information on home made cosmetics from natural ingredients where she describes each type the positives and negatives as well as a 7 day diet plan to gain or lose weight The book has a host of great facts and details that can be referred to for years to come In short the information that is presented will age well Every woman has the potential to look good and feel great well into the middle age and beyond Author A Reejhsinghani tries to provide an easy way to realize that potential This book combines her own expertise with age old tips in a well rounded approach to shedding both the inner and outer signs of aging This book has all the answers to looking younger feeling younger and acting younger with different workshops that include slimming plans exercises makeup beauty tips etc Be Your Own Beautician Parvesh Handa, 2007-04-27 Those blessed with healthy skin attractive features youthful charm and glamorous body are fortunate This book will tell you exactly how to make and present the best of yourself how to look radiant from head to feet with the help of natural beauty aids and herbal ingredients This book describes useful tips for both men and women in detail to bring out your beauty and explains various questions to the readers If you have chosen the right cosmetics to bring out your beauty How to shape your face eyes and lips to look their loveliest If you know how to give your type of skin lasting attraction If your hair is alluring and does your hairstyle enhance your personality If you know the secrets of successful figure control Be Your Own Beautician Aroona Reejhsinghani, 2006-06-01

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