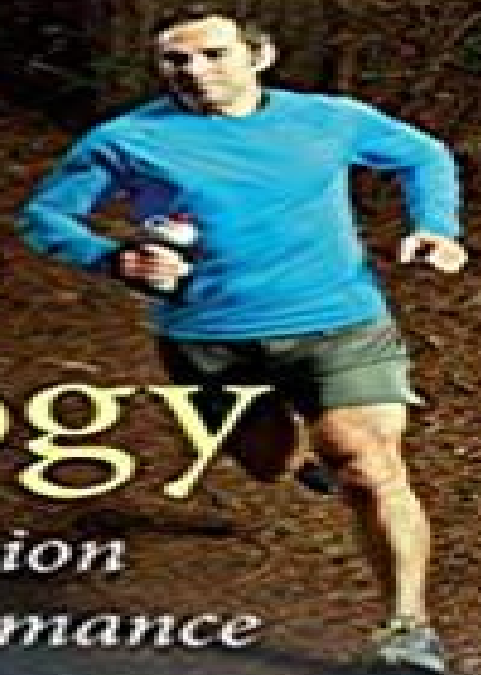


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Exercise Physiology

*Theory and Application
to Fitness and Performance*

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