

# The Descriptive Phenomenological Psychological Method

Amedeo Giorgi, Barbro Giorgi<sup>1</sup> and James Morley

Phenomenology is a philosophy that began in 1900 with the publication of *Logical Investigations* by Edmund Husserl (1970). In that work Husserl introduced a novel way of examining and studying the phenomenon of consciousness. It should be remembered that psychology was founded in 1879 as the science of consciousness by Wilhelm Wundt in Leipzig. Wundt pursued the study of consciousness primarily by the use of empirical methods. Later, when the behaviorist movement (Watson, 1913), dominated the field, positivistic approaches became dominant. These approaches made sense because both empiricism and positivism, historically, were philosophies associated with scientific investigations: empiricism since the seventeenth century and positivism since the nineteenth century. Since phenomenology was the most recent philosophy to support scientific endeavors, and its criteria and emphases differ from those of empiricism or positivism, it has not been easily assimilated by psychology. It has taken time for psychologists to respond to what it has to offer. The exception that proves the rule is the impact that it had on the Würzburg experiments on thinking (Humphrey, 1963) that took place in the first decade of the twentieth century.

Like most intellectual movements phenomenology is not all of one piece. While Husserl laid out the main dimensions of the phenomenological

movement, almost every follower of his deviated from him in some manner or other. Since there are a variety of phenomenological interpretations one should not be surprised that several interpretations of the phenomenological method have taken place within psychology. In this chapter we will detail one way in which psychologists have adapted an articulation of the philosophical phenomenological method for its scientific purposes and only briefly describe some other interpretations without any effort at evaluation.

In a previous version of this chapter we offered a mostly historical and theoretical explication of the phenomenological movement in psychology. We covered the various interpretations of the meaning of phenomenology when applied to psychology. While including a synopsis of this historical review ahead, this new chapter is intended as an example that demonstrates how the method can be concretely applied to descriptive data, but we urge that it not be construed as a completed research project. Examples of complete contemporary applications will be referenced at the very conclusion. But before doing so, it is important to spell out the intricate but different and difficult interdisciplinary relationship between the philosophical and psychological levels of analysis.

Throughout most of its history, especially in the West, science has been based on some

# Descriptive Phenomenological Psychological Method An Example

**Vera Roos**



## **Descriptive Phenomenological Psychological Method An Example:**

**Descriptive Phenomenological Psychological Method** Rodger Broome, 2011 This paper is the methodology section of my doctoral dissertation that outlines the Descriptive Phenomenological Psychological Method of research as it has been taught to me by Amedeo P Giorgi. Giorgi (2009) based his method on Husserl's descriptive phenomenological philosophy as an alternative epistemology for human science research. This method section references Giorgi's work and the phenomenological tradition of Husserl, Merleau-Ponty and others. Each step of Giorgi's (2009) modified Husserlian method is described and explained in the context of doing psychological research on the lived experience of the participants in my dissertation research. The steps are: 1. assume the phenomenological attitude, 2. read entire written account for a sense of the whole, 3. delineate meaning units, 4. transform the meaning units into psychologically sensitive statements of their lived meanings, and 5. synthesize a general psychological structure of the experience based on the constituents of the experience. It is the first person psychological perspective that is sought so that an empathetic position can be adopted by the end user of the research.

**The Descriptive Phenomenological Method in Psychology** Amedeo Giorgi, 2009 This comprehensive work from one of the leading thinkers in humanistic psychology provides a thorough discussion of the phenomenological foundations for qualitative research in psychology. Amedeo Giorgi's examination operates out of the intersection of phenomenological philosophy, science, and psychology. Such a multidisciplinary approach allows him to challenge several long standing assumptions about the practice of psychology. Giorgi asserts that empiricism is not the best philosophy for grounding the science of psychology; rather, the broader phenomenological theory of science permits more adequate psychological development. Giorgi draws from Husserl's philosophical principles the reasons for conducting research in psychology and then offers practical steps for applying a phenomenological method and real examples of applications of the method. In fact, Giorgi proposes a method that is theoretically grounded in phenomenological philosophy and yet treats empirically derived data. This is a rigorous but open qualitative research method that is tolerant of pararational givens as well as one that is supportive of rational criteria. The analyses and methods presented in *Phenomenological Method in Psychology* will be attractive to psychologists, phenomenologists, and researchers involved in qualitative research throughout social and human science disciplines.

*Phenomenological Psychology* Darren Langdridge, 2007 This is a student friendly and comprehensive introduction to phenomenological theory and methods: the study of phenomena rather than the science of being.

**Reflections on Certain Qualitative and Phenomenological Psychological Methods** Amedeo Giorgi, 2020-06-15 One could describe the status of psychological research today as one in which qualitative methods based upon diverse philosophies have been developing and advancing at a fast pace. It is a time therefore when reflections on this state of affairs are appropriate. The five essays in this book are all concerned with qualitative methods and their philosophical backgrounds. Briefly, the first essay contrasts the relative merits of the three most used philosophical bases for qualitative

methods empirical philosophy hermeneutics and Husserlian descriptive phenomenology The second essay tries to resolve the tensions between descriptive and interpretive methods Both are of service to science but they relate to different conditions The third essay discusses certain pitfalls that should be avoided when conducting psychological research on oneself The fourth essay describes the extension of certain guidelines when using the descriptive phenomenological method The fifth essay challenges the assumption of naturalism for psychology and argues for the development of a non naturalistic method for psychology

Introduction to Qualitative Research Methods in Psychology Dennis Howitt, 2019-02-27 Now in its 4th Edition Introduction to Qualitative Research Methods in Psychology by Dennis Howitt provides a comprehensive practical and up to date coverage of the area With a clear and straightforward style the book introduces qualitative research from data collection to analysis Examples of real research and practical guidance for each methodological approach are included throughout to equip the reader with an understanding of the process and the skills to be able to carry out their own research There are also dedicated sections on ethics quality and report writing All of this is achieved while providing a thorough theoretical and historical context for the qualitative methods The full text downloaded to your computer With eBooks you can search for key concepts words and phrases make highlights and notes as you study share your notes with friends eBooks are downloaded to your computer and accessible either offline through the Bookshelf available as a free download available online and also via the iPad and Android apps Upon purchase you ll gain instant access to this eBook Time limit The eBooks products do not have an expiry date You will continue to access your digital ebook products whilst you have your Bookshelf installed

**Introduction to Phenomenology** Cheryl Tatano Beck, SAGE Publications, Inc., 2019-12-20 Phenomenology is a challenging method for many students to understand and apply Introduction to Phenomenology Focus on Methodology breaks down the history methodology and application so students can more easily write proposals and conduct phenomenological research Author Cheryl Tatano Beck draws on her depth of experience in applying and teaching phenomenological methods to distill the method into a single guidebook for students and new researchers alike This introductory book provides a clearer picture of phenomenology as method and its applications to social behavioral and health sciences covering both interpretive and descriptive phenomenology from research design through analysis This book is divided into four parts Part I briefly provides the philosophical underpinnings of descriptive and interpretive hermeneutic phenomenology summarizing the main goals of the original texts Part II focuses on descriptive phenomenology while Part III concentrates on interpretive phenomenology Each type of methodology is covered in its own chapter with tables comparing the methodologies to one another so readers can better understand the differences and similarities Part IV addresses evaluating writing and teaching phenomenology Unique chapters on writing a proposal getting your study published developing a research program and preparing to teach phenomenology help complete the cycle of research and help graduate students transition from student to researcher to teacher Appendices provide study activities for students and

examples of two types of phenomenological proposals

### **The SAGE Handbook of Qualitative Research in Psychology**

Carla Willig, Wendy Stainton Rogers, 2017-03-31 One of our bestselling handbooks The SAGE Handbook of Qualitative Research in Psychology is back for a second edition Since the first edition qualitative research in psychology has been transformed Responding to this existing chapters have been updated and three new chapters introduced on Thematic Analysis Interpretation and Netnography With a focus on methodological progress throughout the chapters are organised into three sections Section One Methods Section Two Perspectives and Techniques Section Three Applications In the field of psychology and beyond this handbook will constitute a valuable resource for both experienced qualitative researchers and novices for many years to come

*The Handbook of Humanistic Psychology* Kirk J. Schneider, J. Fraser Pierson, James F. T. Bugental, 2014-02-14 The Second Edition of the cutting edge work The Handbook of Humanistic Psychology by Kirk J Schneider J Fraser Pierson and James F T Bugental represents the very latest scholarship in the field of humanistic psychology and psychotherapy Set against trends inclined toward psychological standardization and medicalization the handbook offers a rich tapestry of reflection by the leading person centered scholars of our time Their range in topics is far reaching from the historical theoretical and methodological to the spiritual psychotherapeutic and multicultural The new edition of this widely adopted and highly praised work has been thoroughly updated in accordance with the most current knowledge and includes thirteen new chapters and sections as well as contributions from twenty three additional authors to extend the humanistic legacy to the emerging generation of students scholars and practitioners

*Philosophical Perspectives on Qualitative Psychological and Social Science Research* Paul M. W. Hackett, Gillie Gabay, Christopher Hayre, 2023-10-25

EBOOK: Introducing Qualitative Research in Psychology 4e Carla Willig, 2021-11-16 Introducing Qualitative Research in Psychology is a vital resource for students new to qualitative psychology It explains when each qualitative research method should be used the procedures and techniques involved and any limitations associated with such research Throughout the new edition material has been re organized and updated to reflect developments in the field while Carla Willig's style of writing popular with students and lecturers alike remains unchanged Key features of the new edition include Two new chapters one on metasynthesis and one on pluralism in qualitative research A broadening the Visual Methodologies chapter to include other non linguistic methods of data collection that engage with the physical environment such as the walking interview and object elicitation Information and analysis on innovative dissemination methods such as performances and exhibitions Expanded coverage of the core question What makes qualitative research research including clear explanations of the key tenets of the scientific method But it's not as simple as all that boxes at the end of each chapter where more complex issues theoretical critiques and conceptual challenges are raised This title is supported by an Online Learning Centre which includes an array of extra resources for both students and instructors This book is a vital resource and a valuable reference both for those new to research and for those looking to further develop their skills and knowledge of

qualitative research in psychology Nollaig Frost Adjunct Professor School of Applied Psychology University College Cork Ireland This exceptionally well written text deserves a place in every psychology researcher s toolkit regardless of their career stage Benjamin Gardner Reader in Social Psychology King s College London UK Readers of this text will find it to be accessible and comprehensive It will enable many people to become confident in conducting their own qualitative research Alex Bridger Senior Lecturer in Critical Social Psychology University of Huddersfield UK Carla Willig is Professor of Psychology at City University of London UK She is the author of numerous bestselling books for Psychology students and is widely admired for her friendly practical approach to writing and to teaching

*Phenomenological Approaches to Sport* Irena Martínková, Jim Parry, 2013-09-13 The study of sport is often thought of simply in terms of the sport sciences This book explains how a phenomenological approach is capable of revealing the nature and meanings of sport in ways that are beyond the reach of the sciences and how the very concepts required by sport science stand in need of philosophical explanation The book has a didactic intention seeking to present and discuss ideas and tools developed in the phenomenological tradition in order to illuminate issues in sport in such a way as to be understandable for those without any previous knowledge or background There are clear and straightforward accounts of the ideas of central thinkers such as Husserl Heidegger Merleau Ponty and Pato ka and applications of central ideas to the analysis of particular issues such as the nature of risk sports the feint in football the problem of the instant replay the role of the sport psychologist the idea of bodily perception and the concept of transhumanism in relation to performance enhancement This book was originally published as a special issue of Sport Ethics and Philosophy

*Handbook of Ethnography in Healthcare Research* Paul Hackett, Christopher Hayre, 2020-12-02 This handbook provides an up to date reference point for ethnography in healthcare research Taking a multi disciplinary approach the chapters offer a holistic view of ethnography within medical contexts This edited volume is organized around major methodological themes such as ethics interviews narrative analysis and mixed methods Through the use of case studies it illustrates how methodological considerations for ethnographic healthcare research are distinct from those in other fields It has detailed content on the methodological facets of undertaking ethnography for prospective researchers to help them to conduct research in both an ethical and safe manner It also highlights important issues such as the role of the researcher as the key research instrument exploring how one s social behaviours enable the researcher to get closer to his her participants and thus uncover original phenomena Furthermore it invites critical discussion of applied methodological strategies within the global academic community by pushing forward the use of ethnography to enhance the body of knowledge in the field The book offers an original guide for advanced students prospective ethnographers and healthcare professionals aiming to utilize this methodological approach

**Five Ways of Doing Qualitative Analysis** Kathy Charmaz, Linda M. McMullen, 2011-03-30 This unique text provides a broad introduction to qualitative analysis together with concrete demonstrations and comparisons of five major approaches Leading scholars apply their respective analytic lenses to

a narrative account and interview featuring Teresa a young opera singer who experienced a career changing illness The resulting analyses vividly exemplify what each approach looks like in action The researchers then probe the similarities and differences among their approaches their distinctive purposes and strengths the role style and subjectivity of the individual researcher and the scientific and ethical complexities of conducting qualitative research Also included are the research participant s responses to each analysis of her experience A narrative account from another research participant Gail can be used by readers to practice the kinds of analysis explored in the book

**Encyclopedia of Philosophy and the Social Sciences** Byron Kaldis, 2013-03-07 This encyclopedia magnificently edited by Byron Kaldis will become a valuable source both of reference and inspiration for all those who are interested in the interrelation between philosophy and the many facets of the social sciences A must read for every student of the humanities Wulf Gaertner University of Osnabrueck Germany Like all good works of reference this Encyclopedia of Philosophy and the Social Sciences is not to be treated passively it provides clear and sometimes controversial material for constructive confrontation It is a rich resource for critical engagement The Encyclopedia conceived and edited by Byron Kaldis is a work of impressive scope and I am delighted to have it on my bookshelf David Bloor Edinburgh University This splendid and possibly unique work steers a skilful course between narrower conceptions of philosophy and the social sciences It will be an invaluable resource for students and researchers in either or both fields and to anyone working on the interrelations between them William Outhwaite Newcastle University The Encyclopedia of Philosophy and the Social Sciences is the first of its kind in bringing the subjects of philosophy and the social sciences together It is not only about the philosophy of the social sciences but going beyond that it is also about the relationship between philosophy and the social sciences The subject of the Encyclopedia is purposefully multi and interdisciplinary Knowledge boundaries are both delineated and crossed over The goal is to convey a clear sense of how philosophy looks at the social sciences and to mark out a detailed picture of how the two are interrelated interwoven at certain times but also differentiated and contrasted at others The Entries cover topics of central significance but also those that are both controversial and on the cutting edge underlining the unique mark of this Encyclopedia the interrelationship between philosophy and the social sciences especially as it is found in fresh ideas and unprecedented hybrid disciplinary areas The Encyclopedia serves a further dual purpose it contributes to the renewal of the philosophy of the social sciences and helps to promote novel modes of thinking about some of its classic problems

**Transcendental Phenomenological Psychology** Jon L. James, 2011-06 From the Preface to the Revised Edition Since its publication in 2007 Transcendental Phenomenological Psychology has been sold on every continent except Antarctica and is in the collections of research libraries in North America Europe and Asia Even so its presentation to the academic community rightly provoked many comments corrections suggestions and criticisms Such input while mostly welcome provided the impetus to publish a revised edition A phenomenological explanation of human consciousness has long been sought in regions of psychology since the

discipline was first carved out of philosophical concepts and theories about the human condition. In its earliest years, Western psychology was faced with two possible directions for this explanation: an empirical, naturalistic approach along with physics and biology, or a non-empirical, eidetic approach along with logic and mathematics. Edmund Husserl took up the latter. His phenomenological tradition of inquiry successfully spanned nearly forty years until suddenly stopped and largely suppressed during the Second World War. This book recovers Husserl's revolutionary approach toward the human sciences just as it was developed and just as it is presented for further study. Here the author systematically gathers what Husserl calls the leading clues in the phenomenological method proper for a psychology of affective inner experience and then for the first time applies Husserl's own methodology for introducing a phenomenological psychology in the transcendental register of human consciousness. Unlike contemporary phenomenological psychology in the existential register, transcendental phenomenological psychology is presented as an eidetic, non-empirical act psychology in Husserl's mature genetic phenomenology. This novel approach takes in the full range of solipsistic and transcendental subjectivity in Husserl's theories of human consciousness and follows Husserl's lead in presenting phenomenological psychology as an applied geometry of intentional experience within a step-wise theory of inquiry. This book is unique in human science today not only in its presentation of the development and applications of Husserl's key concepts for the discipline of psychology but also for introducing a psychology that could be intuitively grasped as self-evidently valid wherever one's interest might lie.

**Phenomenology: The Basics** Dan Zahavi, 2025-02-07 *Phenomenology The Basics* is a concise and engaging introduction to one of the important philosophical movements of the twentieth century and to a subject that continues to grow and diversify. Yet it is also a challenging subject, the elements of which can be hard to grasp. This lucid book provides an introduction to the core ideas of phenomenology and to the arguments of its principal thinkers including Husserl, Heidegger, and Merleau-Ponty. Written by a leading expert in the field, Dan Zahavi examines and explains key questions such as: What is a phenomenological analysis? What are the methodological foundations of phenomenology? What does phenomenology have to say about intentionality, embodiment, intersubjectivity, and the lifeworld? How do ideas from classic phenomenology relate to ongoing debates in qualitative research and the cognitive sciences? This second edition has been thoroughly revised and expanded. It contains a new chapter on critical phenomenology and updated discussions of the application of phenomenology in psychiatry, psychology, and qualitative research. Including a glossary of key terms and suggestions for further reading, *Phenomenology The Basics* is a superb starting point for anyone seeking a concise and accessible introduction to this rich and fascinating subject.

*Perspectives on Social Psychology* Wendy Stainton Rogers, 2019-09-05 This groundbreaking new textbook takes a different perspective on social psychology, focused on the social and cultural worlds we inhabit and encompassing a wide range of core social psychology topics from the self to relationships, gender to health, racism to mental distress. Taking a critical approach, this book explores how qualitative methods and interpretational analyses can be used to



examine human behaviour and what it is like living in today's media led world It explicitly challenges all forms of Othering taking a fresh look at human values embodiment agency communication thinking and feeling It goes beyond the individualising scientific approach taken by traditional psychology instead concentrating on the psychology of what makes us human qualities like empathy and compassion courage and dignity kindness and sympathy and how we can nurture them Offering a fascinating alternative to existing resources and enhanced by carefully chosen full colour illustrations the book and associated companion website include original pedagogical features such as reflective exercises further resources and a glossary offering opportunities for readers to customise their learning experience Featuring a course mapping section that sets out how the text can be used in relation to psychology curriculum requirements and common course structures this interdisciplinary resource provides accessible and engaging reading for students studying psychology and other disciplines including sociology cultural studies politics and media studies as well as applied areas such as nursing policing and management It is also for anyone who is interested in what psychology can tell us about our lives and place in the world

Introspective Study of Thinking Activity Jonas Raggatz, 2025-07-31 This book explores whether there exists a distinct form of cognitive phenomenality that cannot be reduced to sensory experience To investigate this central question in the cognitive phenomenology debate from an introspective empirical perspective the method of introspection is examined along with its challenges and criticisms through an evaluation of both historical and contemporary approaches to introspective research In addition a qualitative empirical study of thinking activity is conducted to uncover performative and agentive phenomena which may serve as arguments for a cognitively phenomenal dimension irreducible to sensory or emotional experience

**Understanding Relational and Group Experiences through the Mmogo-Method®** Vera Roos, 2016-07-13 This volume describes the development and application of the Mmogo method as a projective visual data gathering method applied in different contexts and with different groups of people Mmogo means togetherness in Setswana one of the 11 official languages of South Africa The Mmogo method provides a deep understanding of personal relational and group experiences and is particularly useful in cross cultural contexts and across age groups By allowing visual expressions of the self as a complex dynamic social system it overcomes some of the limitations of traditional data collection methods such as questionnaires or interviews The book draws together contributions by leading social scientists to show how this flexible visual data collection method can be used independently or jointly with other data gathering techniques such as journalling or in depth interviewing to acquire rich information The research method described here enables investigators to access perceptions feelings and personal experiences participants might otherwise find hard to verbalize and explain Researchers in disciplines such as education social sciences consumer sciences market research and city and town planning will find this book and its innovative method particularly valuable in addressing a gap in available visual and other data collection resources

*The Routledge Companion to the Study of Religion* John R. Hinnells, 2005 The Routledge Companion

to the Study of Religion contains everything a student needs for a full understanding of theory and methods in religious studies. It begins by explaining the most important methodological approaches to religion including psychology, philosophy, anthropology, and comparative study before moving on to explore a wide variety of critical issues. Written entirely by renowned international specialists and using clear and accessible language throughout, it is the perfect guide to the problems and questions found in courses and exams.

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