

Abnormal Psychology Exam #1 Study Guide

Ch. 1: Abnormal Psychology & Life

Understand the 3 key features of Psychological abnormality (mental disorder)

What were the prehistoric views and treatments of abnormal behavior?

Know Hippocrates' theory on 4 humors

What is mass madness?

What is Pinel noted for?

What is moral treatment?

Know Dorothea Dix's contributions

Understand the somatogenic & psychogenic perspectives

Ch.2: Perspectives on Abnormal Psychology

Understand the following perspectives' view on the causes of abnormality & treatments,

as well as their limitations: Biological, Psychodynamic, Humanistic, Cognitive-

Behavioral, Behavioral, Cognitive, Sociocultural

What are the treatments from the biological model?

Know the basic principles of the Psychodynamic model

Understand id, ego, superego

Understand primary & secondary processing

What are defense mechanisms? Understand at least 2 different ones

Know what techniques psychodynamic therapies rely upon

What is self-actualization?

Understand Maslow's Hierarchy of needs

Understand Rogers' client-centered therapy

What are the three key qualities of a therapist according to Rogers?

Understand how one might develop a psychological disorder through classical and operant conditioning & modeling

Understand Beck's view on causes of abnormality

Understand the concepts of arbitrary inferences and personalization

Understand the following Cognitive-Behavioral Treatments: CBT, RET, systematic desensitization, exposure treatment, token economy

Understand how culture can influence psychological disorders

Understand family systems theory

Ch.4: Clinical Assessment, Diagnosis & Treatment

Understand the two main approaches to defining abnormal behavior

Understand reliability & validity

What is clinical assessment?

What is a clinical interview?

What is the difference between the structured & unstructured interview?

Understand the different personality assessments (objective, projective & types)

Understand the different behavioral assessments (naturalistic observation, controlled observation, self-monitoring)

Abnormal Psychology Study Guide

**Richard L. Leavy, David Sue, Derald
Wing Sue, Stanley Sue**



Abnormal Psychology Study Guide:

Study Guide to Accompany Abnormal Psychology 8e Gerald C. Davison, Douglas Hindman, John M. Neale, 2000-06-21 This text continues to be one of the most current authoritative overviews of the theories and research in psychopathology and intervention Its widely praised scientific clinical approach blends the clinical and empirical experimental as the authors examine each disorder from multiple perspectives Abnormal Psychology, Study Guide Gerald C. Davison, John M. Neale, 1993-09-10 Addresses two primary questions what causes psychopathology and which treatments are most effective in preventing or reducing psychological suffering Uses four paradigms or points of view to study abnormal psychology biological psychoanalytic learning and cognitive Also uses the humanistic and existential paradigm when therapy is at issue New to this edition an account of DSM IV the impact of cultural diversity on the categorization etiology and therapeutics of diverse disorders such as posttraumatic stress eating and borderline personality Includes case studies full color line and photographic illustrations **Abnormal Psychology Student Guide** Gerald C. Davison, 2002-03-29 This text continues to be one of the most current authoritative overviews of the theories and research in psychopathology and intervention Its widely praised scientific clinical approach blends the clinical and empirical experimental as the authors examine each disorder from multiple perspectives The text emphasizes different paradigms with a particular emphasis on the diathesis stress paradigm as necessary for understanding most psychopathologies Study Guide, Abnormal Psychology, 4th Edition, Thomas F. Oltmanns, Robert E. Emery Gwendolyn M. Parsons, 2003-06 Study Guide Abnormal Psychology, Philip C. Kendall, Constance Hammen Philip C. Kendall, 1994-10-31 A study guide accompanying a work on abnormal psychology which emphasizes culture family and gender in the prevalence cause and treatment of disorders and applies the science practitioner model Ancillary package available upon adoption *Student Study Guide for Use with Abnormal Psychology Updated Edition* Richard P. Halgin, Susan Krauss Whitbourne, 2004-06 **Study Guide for Abnormal Psychology** James N. Butcher, Susan Mineka, Jill M. Hooley, 2012-04-01 *Abnormal Psychology - The Ultimate Guide to Understanding Mental Disorders* ERWIN WIJAYANTO, 2025-08-16 Dive into the fascinating world of Abnormal Psychology with this expertly crafted human written masterpiece designed to captivate readers students and professionals alike Unlike dry AI generated textbooks this book delivers rich engaging and deeply insightful content that makes complex psychological concepts easy to understand and impossible to forget Why This Book is a MUST HAVE Real Life Case Studies Gripping stories that bring theories to life Evidence Based Treatments Latest therapies medications and holistic approaches Reader Friendly Engaging Perfect for students therapists and curious minds Whether you re a psychology student mental health professional or simply fascinated by human behavior this book is your ultimate guide to abnormal psychology packed with expert analysis practical applications and powerful storytelling that keeps readers hooked **Abnormal Psychology and Modern Life Telecourse Study Guide** Carson, 1999-08 *Study Guide to Abnormal Psychology 2ND Edition* Pre Pared by Hindman Davison, 1978

Study Guide for Wilson, Nathan, O'Leary and Clark Abnormal Psychology Maureen A. Sullivan,1996 *Abnormal Psychology, Study Guide & Case Studies for Abnormal Psychology* Ronald J. Comer,2006-09 **Study Guide for Houston, Bee, Hatfield, and Rimm's Essentials of Psychology** Victor Benassi,2013-10-22 Study Guide for Houston Bee Hatfield and Rimm s Essentials of Psychology aims to aid students in their study of psychology Each chapter in the Study Guide corresponds to the chapter of the same number in Essentials of Psychology and is broken down into component sections Learning Objectives Key Terms Study Questions and Practice Quizzes The topics covered in these chapters include the following the definition of psychology the psychological basis of behavior sensation and perception learning memory and cognition motivation and emotion abnormal psychology and social behavior Proper use of the Study Guide will help students get the most from what could be their only formal course in psychology To maximize their learning all of the components of each chapter must be completed While no single approach to learning is the best many students benefit greatly from the use of a study guide **Abnormal Psychology & Study Guide** Ronald J. Comer,2003-08-15 **Study Guide for Houston, Bee, Hatfield, and Rimm's Invitation to Psychology** Victor Benassi,2013-10-22 Study Guide for Houston Bee Hatfield and Rimm s Invitation to Psychology seeks to aid students in their study of psychology Each chapter in the Study Guide corresponds to the chapter of the same number in Invitation to Psychology and is broken down into component sections Learning Objectives Key Terms Study Questions Optional Exercises and Practice Quizzes The topics covered in these chapters include the following the definition of psychology the psychological basis of behavior sensation and perception states of awareness learning memory and cognition motivation and emotion abnormal psychology and social behavior Proper use of the Study Guide will help students get the most from what could be their only formal course in psychology To maximize their learning all of the components of each chapter must be completed While no single approach to learning is the best many students benefit greatly from the use of a study guide [Study Guide Understanding Abnormal Behavior Third Edition](#) Richard L. Leavy,David Sue,Derald Wing Sue,Stanley Sue,1990 *Study Guide for Use with Abnormal Psychology* Susan Nolen-Hoeksema,Jennifer Boothby,2005-12 **TEAS 7 Mastery: Your Essential Study Guide with Practice Exams** Marlene Liu,2025-04-19 Conquer the TEAS 7 with confidence using this comprehensive guide Meticulously crafted this book covers every aspect of the exam providing you with a solid foundation of knowledge and practice Inside you ll find an arsenal of essential information expertly organized and presented in an engaging manner From the core concepts of reading math science and English to the nuances of the exam s format you ll gain a comprehensive understanding of what to expect This book is tailored for aspiring healthcare professionals seeking admission to nursing programs Its content is meticulously aligned with the latest TEAS 7 blueprint ensuring that you re equipped with the most relevant and up to date information By working through the practice exams included in this guide you ll simulate the actual testing experience identify your strengths and areas for improvement and develop the confidence you need to succeed on exam day

Abnormal Psychology Gerald C. Davison, 1997-08-21 *Gale Researcher Guide for: Clinical and Abnormal Psychology*
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