

1. Definition : Paribhasha

घनुस्तुल्यं नमेघस्तु स घनुस्तम्भ संज्ञकः । S.S.Ni.1/ 54.
 अन्तरायाम बहिरायामोः साधारणं रूपमाह-
 घनुस्तुल्यमित्यदि ।।
 विवर्णबद्धवदनः स्रस्तांगो नष्टचेष्टनः ।
 प्रस्विघंश्चघनुस्तम्भी दशतात्रं न जीवति ।। S.S.Ni.1/

The disease in which aggravated Vata dosha causes abnormal bending of the body resembling to a bow along with hardening of organs is called as Dhanustambha.

2. Clinical features : Roopa

1. Discoloration of skin.
2. Locked teeth.
3. Loss of control on body organs.
4. Fainting.
5. Hyper sweating.
6. Life span of a patient of Dhanustambha is not more than ten days.

3. Classification

Dhanustambha is further classified as;

3.1 Antarayama

मन्ये संश्रित्य वातोऽन्तर्यदा नाडीः प्रपद्यते ।
 मन्यास्तम्भ तदा कुर्यादन्तरायाम संज्ञितम् ।।
 अन्तरायाम्यते ग्रीवा मन्या च स्तम्भते भृशम् ।
 दन्तानां दंशनं लाला पृष्ठायामः शिरोग्रहः ।।

C.S.Ch. 28/ 45.

अङ्गुलिगुल्फजटारहृक्षोगल संश्रित्य ।
 स्नायु प्रतानमनिलो यदाऽऽक्षिपति वेगवान् ।।
 विष्टब्धाक्षः स्तब्धहनुर्धमन्यार्थः कफं वमन् ।
 अभ्यन्तरं घनुरिव यदा नमति मानवम् ।
 तदाऽस्याभ्यन्तरायामं कुरुते मारुतो बली ।।

S.S.Ni.1/ 54-56.

- a. Aggravated vata dosha takes seat at vessels of neck and causes abnormal

hardness at neck region. Neck becomes excessively stiff and bend inwards. This condition is called as Antarayama.

- b. Aggravated vata takes seat at vessels supplying to toes of feet, thighs, abdomen, chest, flanks, back, clavicles, neck and head and makes them abnormally hard. Body is bent concavely (from abdominal side) like a bow. This condition is called as Antarayama.

Clinical features : Roopa

- a. Abnormal clenching of teeth.
- b. Dribbling of saliva from mouth.
- c. Abnormally stretched eyes.
- d. Inability to shut the mouth. Mouth stiffness.
- e. Pain at flanks.
- f. Stiffness at back and head (neck).

3.2 Bahirayama

पृष्ठमन्याश्रिता बाह्याः शोषयित्वा शिर बली ।
 वायुः कुर्यादनुस्तम्भं बहिरायाम संज्ञकम् ।।
 चापग्राभ्यमानस्यपृष्ठतो नीयते शिरः ।
 उर उल्लिख्यते मन्या स्तब्धा ग्रीवाऽवनृष्यते ।।
 दन्तानां दंशनं जृम्भा लालसावश्च वाग्रहः ।
 जातवेगो निहन्त्येष वैकल्यं वा प्रयच्छति ।।

C.S.Ch. 28/46-48.

The disease in which aggravated Vata dosha takes seat at vessels and muscles of back and dries them up to bend the body convexly (from back side), this condition is called as Bahirayama. Head bends backwards and chest becomes protruded. Neck becomes stiff and painful. The whole body bends like a bow.

Roga Nidana

N. P. Rai



Roga Nidana :

Roga Nidana Book Review: Unveiling the Power of Words

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