

## Formulasi Gel Ekstrak Daun Kelor (*Moringa oleifera* Lamk) Sebagai Sediaan Antiinflamasi

### Formulation of *Moringa oleifera* Leaf Extract As Anti-Inflammatory Gel Dosage Form

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#### ABSTRAK

Pengembangan bentuk sediaan gel antiinflamasi dari ekstrak daun kelor telah dilakukan. Tujuan dari penelitian ini adalah mengetahui sifat fisik, indeks iritasi dan daya antiinflamasi gel dengan variasi konsentrasi ekstrak daun kelor. Ekstrak diperoleh dengan metode maserasi menggunakan pelarut etanol 70%. Ekstrak diformulasikan dalam bentuk gel pada konsentrasi 3%, 6%, 9% dengan menggunakan Carbopol 940 sebagai *gelling agent*. Gel dievaluasi sifat fisiknya (viskositas, pH, daya sebar, daya lekat), indeks iritasi dengan hewan uji kelinci dan daya antiinflamasi dengan hewan uji mencit berdasarkan parameter tebal epidermis. Hasil uji menunjukkan bahwa peningkatan konsentrasi ekstrak menyebabkan perubahan viskositas, pH, daya lekat, tebal epidermis serta daya sebar. Berdasarkan hasil uji dapat disimpulkan bahwa konsentrasi optimum ekstrak daun kelor dalam gel sebagai antiinflamasi adalah 3%.

**Kata kunci:** gel; ekstrak daun kelor; antiinflamasi; sifat fisik; tebal epidermis

#### ABSTRACT

The development of anti-inflammatory gel of *Moringa oleifera* leaf extract has been performed. This study aimed to determine the physical properties, irritation index and anti-inflammatory activity of gel with various concentration of *Moringa oleifera* leaf extract. The extract was obtained by maceration method using ethanol 70%. The extracts were formulated in a gel with a concentration of 3%, 6%, 9% by using Carbopol 940 as *gelling agent*. The gel was evaluated for its physical properties (viscosity, pH, spreadability, adhesivity), irritation index with rabbit test animals and anti-inflammatory activity with mice test animals based on epidermal thickness parameters. The test results showed that the increasing of extract concentration changed the viscosity, pH, adhesivity, epidermal thickness and spreadability of the gel. Based on the results of this study it can be concluded that the optimum concentration of *Moringa oleifera* leaf extract in gel as anti-inflammatory was 3%.

**Key words:** gel; *Moringa oleifera* leaf extract; anti-inflammatory; physical properties; epidermal thickness

#### ARTICLE HISTORY

Received: January 2018

Revised: July 2018

Accepted: July 2019

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#### PENDAHULUAN

Inflamasi merupakan respon tubuh ketika mengalami cedera, adanya infeksi, antigen atau kerusakan sel sehingga merupakan pertanda adanya hal yang membahayakan tubuh atau terjadinya penyakit (Lima dkk., 2011; Souto dkk., 2011). Respon inflamasi ditandai oleh kondisi berupa *rubor* (kemerahan), *lufor* (panas), *dolor* (nyeri), *tumor* (pembengkakan) dan gangguan fungsi (Corwin, 2008). Inflamasi dapat bersifat lokal dan sistemik, dapat juga terjadi secara akut atau kronis yang menimbulkan kelainan patologis.

Salah satu tempat yang dapat mengalami inflamasi adalah kulit sehingga pengembangan bentuk sediaan antiinflamasi khususnya yang bersifat lokal telah dilakukan. Kesuntungan dari pemberian sediaan obat antiinflamasi secara topikal adalah dapat langsung diolseskan pada tempat yang mengalami inflamasi sehingga langsung dapat memberikan efek, pelepasan obatnya secara perlahan-lahan sehingga durasi efeknya bisa lebih lama dan menurunkan frekuensi penggunaan sehingga tingkat kepatuhan pasien bisa meningkat (Zhang dkk., 2019). Beberapa penelitian sebelumnya telah memformulasikan sediaan antiinflamasi dalam bentuk sediaan gel, krim dan salep (Santos dkk., 2018; Srirod dan Tewtrakul, 2019; Dev dkk., 2019; Carvalho dkk., 2019; Yakota dan Kyotani, 2018).

# Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi

**Albert A Gayle**



## **Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi:**

**Formulasi Dan Branding Produk Kosmetik Rambut Berbasis Bahan Lidah Buaya** Ma'rifani Fitri Arisa, Lantip Diat Prasojo, Wagiran Wagiran, 2025-08-07 Buku ini disusun sebagai panduan komprehensif dalam memahami dan mempraktikkan pembuatan serta pengembangan produk kosmetik rambut. Buku ini dirancang khusus untuk mendukung pembelajaran vokasional di bidang kecantikan farmasi dan kewirausahaan. Dengan adanya buku ini, dapat memahami teori dasar kosmetik rambut sekaligus mempraktikkan pembuatan produk kosmetik berbahan alami yang berbasis bahan lidah buaya. Buku ini telah disusun secara sistematis, buku ini memuat materi formulasi produk, teknik uji mutu, hingga strategi branding.

The book delves into Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi. Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi is a crucial topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
    - Chapter 1: Introduction to Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi
    - Chapter 2: Essential Elements of Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi
    - Chapter 3: Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi in Everyday Life
    - Chapter 4: Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, this book will provide an overview of Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi. The first chapter will explore what Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi is, why Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi is vital, and how to effectively learn about Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi.
  3. In chapter 2, this book will delve into the foundational concepts of Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi. The second chapter will elucidate the essential principles that must be understood to grasp Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi in its entirety.
  4. In chapter 3, this book will examine the practical applications of Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi in daily life. This chapter will showcase real-world examples of how Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi in specific contexts. The fourth chapter will explore how Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, the author will draw a conclusion about Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi.

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### **Formulasi Gel Ekstrak Bahan Alam Sebagai Antiinflamasi Introduction**

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