

MASTERS OF CHOY LEE FUT KUNG FU

Hung Sing Choy Lee Fut's
Master Li Siu Hung
鴻 勝 蔡 李 佛



It is Master Li Siu Hung's commitment, knowledge and love of martial arts that is the inspiration for excellence at the Lee Koon Hung Choy Lay Fut Kung Fu Association. Master Li was born in 1956 and began his training in 1963 at age 7 under his brother Grandmaster Lee Koon Hung. Master Li has trained over 40 years now in Choy Lay Fut and has been teaching since he was a teenager. A former full contact fighting champion and champion of forms and weapons, his brother pushed him very hard and he continues to push his students to work hard and persevere. This philosophy of hard work and perseverance is the foundation of Master Li's unique style, which requires his personal involvement with all students, from beginners to instructors. In 1993, Grandmaster Lee Koon Hung left Hong Kong with his family to start a new life in the USA. He moved his headquarters to Fort Lauderdale Florida and asked his younger brother Master Li Siu Hung to go and help him build the school. Master Li Siu Hung was working full time and doing very well in Hong Kong, he also is married and was very happy there. When Grandmaster Lee Koon Hung held tournaments, Master Li Siu Hung would visit and help out, but when Grandmaster passed away unexpectedly in 1996, a short 3 years in the USA, the future of the Lee Koon Hung Choy Lay Fut Kung Fu Association was very unsure. Several of Grandmaster Lee Koon Hung's top students were very successful teachers and were making a name for themselves. But there were no other school's that kept the name "Lee Koon Hung". Master Li feared that the name would be lost and his brother's name would quickly fade as a memory only. Master Li decided to move to the USA and take over his brother's school, and make sure the name "Lee Koon Hung" would continue to inspire the next generations to come.

Flash Choy Lee Fut

RJ Shavelson



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Inside Kungfu: Chinese Martial Arts Encyclopedia Sensei/Renshi Nathan Chlumsky, 2015-05-06 Inside Kungfu Chinese Martial Arts Encyclopedia is intended to serve as a general reference tool for anyone interested in the martial arts its history or even China s history The book takes a look Inside Chinese Martial Arts only with a chart devoted to Chinese Japanese and Korean pronunciation A section about China s Martial History A section about the Shaolin Temple History Information about the Beijing Opera Information on several martial arts from A to Z totaling around 363 styles Information on over 110 weapons used throughout China s history and much much more Including dynamic pictures and illustrations by myself and even a little information about yours truly It is my love respect and admiration for the martial arts that has inspired me to write this book in hopes that you the reader enjoys learning the facts and history as much as I did and maybe inspire you to take a wonderful journey in the martial arts training of your choice if you have not already done so **Black Belt** ,2004-02 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world *Black Belt* ,1983-04 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world **Striking Distance** Charles Russo,2016-07 In the spring of 1959 eighteen year old Bruce Lee returned to San Francisco the city of his birth Although the martial arts were widely unknown in America Bruce encountered a robust fight culture in the Bay Area populated with talented and trailblazing practitioners such as Lau Bun Chinatown s aging kung fu patriarch Wally Jay the innovative Hawaiian jujitsu master and James Lee the Oakland street fighter Regarded by some as a brash loudmouth and by others as a dynamic visionary Bruce spent his first few years back in America advocating for a modern approach to the martial arts and showing little regard for the damaged egos left in his wake The year of 1964 would be an eventful one for Bruce in which he would broadcast his dissenting worldview before the first great international martial arts gathering and then defend it by facing down Wong Jack Man Chinatown s young kung fu ace in a legendary behind closed doors showdown These events were a catalyst to the dawn of martial arts in America and a prelude to an icon Based on over one hundred original interviews Striking Distance chronicles Bruce Lee s formative days amid the heated martial arts proving ground that thrived on San Francisco Bay in the early 1960s *Black Belt* ,1985-06 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every

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