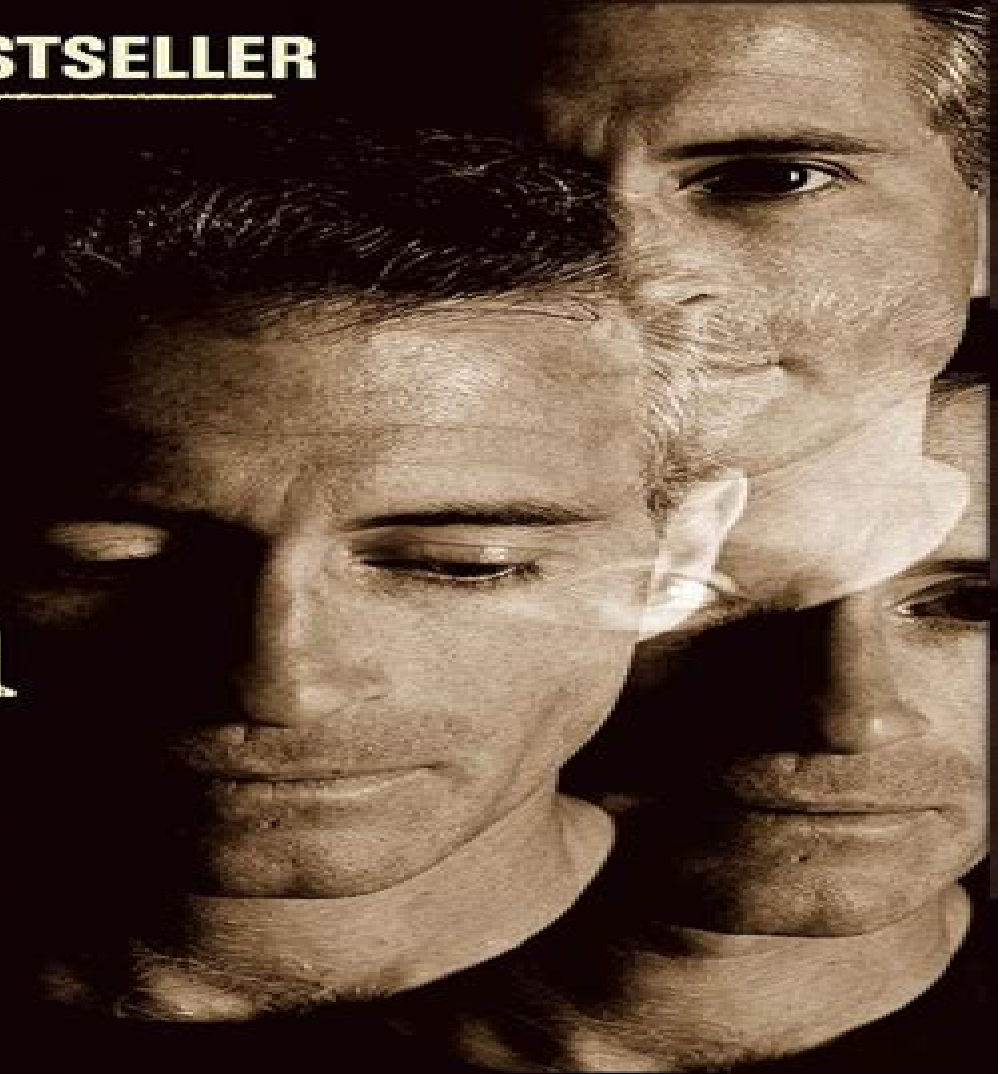


**NEW YORK TIMES BESTSELLER**

# **First Person *Plural***



**MY LIFE AS A MULTIPLE  
Cameron West Ph.D.**

# First Person Plural My Life As A Multiple

**Ian Gittins**



## **First Person Plural My Life As A Multiple:**

*First Person Plural* Cameron West, PhD, 2026-04-07 A New York Times USA Today and Publishers Weekly bestseller *First Person Plural* chronicles Cameron West's desperate journey to understand his fragmented mind and ultimately achieve the triumph of a regular life. What the hell is happening to me? I feel possessed. I'm talking gibberish in the mirror and somebody else's voice is coming out of my mouth. Cameron West was in his thirties, a successful businessman, happily married and the father of a young son when he spoke these words. The voice he heard belonged to Davy, the first of twenty-four distinct alter personalities to emerge over a period of several months as West began to recall memories of horrific abuse he'd repressed since childhood. Along with Davy, there was eight-year-old Clay, tense and stuttering; twelve-year-old Dusty, gentle and kind but disappointed to find herself in a man's body; Bart, lighthearted with a sense of humor; Lief, focused and driven who got things done but often overwhelmed West with his intensity; and nineteen other personalities, all with distinct characteristics, mannerisms, and memories created by West to protect his psyche from the trauma of repeated sexual abuse at the hands of family members. In addition to a spellbinding story, West provides rare and unprecedented insight into the fascinating condition known as dissociative identity disorder, the working of the mind of a multiple, and his alters' coexistence with one another and with the world outside. Heart-wrenching, humorous, and ultimately hopeful, *First Person Plural* is a story that will make you stand in awe of the power of the mind to protect itself and cheer for West as he struggles to gain control of his life.

**First Person Plural** Cameron West, 2013. What the hell is happening to me? I feel possessed. I'm talking gibberish in the mirror and somebody else's voice is coming out of my mouth. Cameron West was in his thirties, a successful businessman, happily married and the father of a young son when he spoke these words. The voice he heard belonged to Davy, the first of twenty-four distinct alter personalities to emerge over a period of several months as West began to recall memories of horrific abuse he'd repressed since childhood. Along with Davy, there was eight-year-old Clay, tense and stuttering; twelve-year-old Dusty, gentle and kind but disappointed to find herself in a man's body; Bart, lighthearted with a sense of humor; Lief, focused and driven who got things done but often overwhelmed West with his intensity; and nineteen other personalities, all with distinct characteristics, mannerisms, and memories created by West to protect his psyche from the trauma of repeated sexual abuse at the hands of family members. In the classic New York Times Bestseller *First Person Plural*, West offers a poignant account of his efforts to understand the workings of his fragmented mind and to heal his damaged spirit as he desperately hangs on to the slender thread that connects him to his wife Rikki, his son Kyle, and some semblance of a regular life. In addition to a spellbinding story, West provides rare and unprecedented insight into the fascinating condition known as Dissociative Identity Disorder, the working of the mind of a multiple, and his alters' coexistence with one another and with the world outside. Heartwrenching, humorous, and ultimately hopeful, *First Person Plural* is a story that will make you stand in awe of the power of the mind to protect itself and cheer for West as he struggles to gain control of his life. Accolades for *First*

Person Plural New York Times Bestseller Publishers Weekly Bestseller USA Today Bestseller 1 Amazon.com 1 Barnesandnoble.com Published in twenty two foreign countries Personal appearances by Cameron and Rikki West The Oprah Winfrey Show The Today Show Extra 20/20 Entertainment Tonight Leeza Maury Costanza Italy Featured in USA Today TIME and People A page turning journey through hell Entertainment Weekly For those who found Sybil or The Three Faces of Eve believable and engrossing this account will be even more so Kirkus Reviews First Person Plural is an honest courageous account that demystifies the lives of those who struggle with Dissociative Identity Disorder Ellen Bass author of The Courage to Heal First Person Plural is an incredibly important book It is a testament to the resiliency of the human spirit Marlene E Hunter MD FCFP President International Society for the Study of Dissociation

**Der Fall des Falles** Bianca Sukrow, 2016-01-01 Die Fallergeschichte erlebt derzeit eine Renaissance Namhafte Neurowissenschaftler Psychiater und Therapeuten veröffentlichen die Geschichten ihrer Patienten und auch die Betroffenen selbst greifen zur Feder Aber warum eigentlich Welche Funktion haben Fallgeschichten in den jeweiligen Disziplinen heute Was genau kann eine Fallergeschichte das ein Fachtext nicht zu leisten vermag Von welchen Schreibtraditionen werden Fallgeschichten bestimmt und welche Erscheinungsformen haben sich in den letzten Jahrzehnten entwickelt Wie sind Fallgeschichten gestaltet Was macht stilbildende Fallgeschichten aus die über Fach Kultur und Mediengrenzen hinaus wirken Und kann mit Hilfe literarischer Verfahren vielleicht sogar neues medizinisch therapeutisches Wissen erzeugt werden Auf der Suche nach Antworten verbindet Bianca Sukrow in ihrer Studie literaturwissenschaftliche medizinhistorische und medientheoretische Ansätze Der Fall des Falles lädt den Leser zu narratologischen Spaziergängen durch diverse Fallgeschichten ein und stellt zugleich das erste interdisziplinäre Übersichtswerk zur Fallgeschichte dar Die behandelten Autoren Hermann Argelander Ernst Augustin Axel Brauns Stefan Brunnhuber et al Helmut Dubiel Maria Erlenberger Sigmund Freud und Joseph Breuer Susann Heenen Wolff Alexander Lurija Gerd Overbeck Vilayanur Ramachandran und Sandra Blakeslee Oliver Sacks Peter Sloterdijk Natascha Wdowin Cameron West Dwascha Wiechowski und Irvin Yalom The case history is currently experiencing a renaissance well known neuroscientists psychiatrists and therapists are publishing their patients stories and the patients themselves are also taking up their pens But why What is the function of case histories in these disciplines today What can a case history provide that a specialist study cannot Which narrative traditions define case histories and what forms have they developed in recent decades How are case histories constructed What constitutes a seminal case history that reaches across boundaries of disciplines cultures and media And can the use of literary practices perhaps even create new medicinal therapeutic knowledge In the quest for answers Bianca Sukrow's study combines the perspectives of medical history and media theory The case of the cases invites the reader to take a narratological walk through various case histories and simultaneously offers the first interdisciplinary overview of the case history Authors dealt with Hermann Argelander Ernst Augustin Axel Brauns Stefan Brunnhuber et al Helmut Dubiel Maria Erlenberger Sigmund Freud and Joseph Breuer Susann Heenen Wolff

Alexander Lurija Gerd Overbeck Vilayanur Ramachandran and Sandra Blakeslee Oliver Sacks Peter Sloterdijk Natascha Wdowin Cameron West Dwascha Wiechowski and Irvin Yalom **Beware of the Other Side(s)** Heike Schwarz,2014-03-15 This interdisciplinary study examines the still vivid phenomenon of the most controversial psychiatric diagnosis in the United States multiple personality disorder now called dissociative identity disorder This syndrome comprehends the occurrence of two or more distinct identities that take control of a person s behavior paired with an inexplicable memory loss Synthesizing the fields of psychiatry and the dynamics of the disorder with its influential representation in American fiction the study researches how psychiatry and fiction mutually shaped a mysterious syndrome and how this reciprocal process created a genre fiction of its own that persists until today in a very distinct self referential mode *The Adult Baby - An Identity on the Dissociation Spectrum* Dylan Lewis,2019-11-05 Dylan Lewis in conjunction with Dax Jordan has put together a lengthy and substantive book that addresses the crucial elements of the Adult Baby identity a question that plagues us all The author makes a well researched and brilliantly written case that the core of the Adult Baby Identity is one that fits on the dissociation spectrum It may be a long way from the Dissociative Identity Disorder we know much about but it is still on that spectrum if at the other end of it If you are an adult baby or you live with one this is THE book that will clue you in to who you are how you behave and why you do what you do A 65 000 word meticulously researched book that belongs on the bookshelves of every AB every partner of an AB and every therapist tasked with helping an AB find the balance and understanding they so desperately crave One of the best books on the topic ever written **The Adult Baby (Diaper Version): An Identity on The Dissociation Spectrum** Dylan Lewis,2024-10-15 AB Discovery is pleased to publish the pinnacle book from acclaimed author Dylan Lewis The Adult Baby an identity on the dissociation spectrum Dylan Lewis in conjunction with Dax Jordan has put together a lengthy and substantive book that addresses the crucial elements of the Adult Baby identity a question that plagues us all The author makes a well researched and brilliantly written case that the core of the Adult Baby Identity is one that fits on the dissociation spectrum It may be a long way from the Dissociative Identity Disorder we know much about but it is still on that spectrum if at the other end of it If you are an adult baby or you live with one this is THE book that will clue you in to who you are how you behave and why you do what you do A 65 000 word meticulously researched book that belongs on the bookshelves of every AB every partner of an AB and every therapist tasked with helping an AB find the balance and understanding they so desperately crave One of the best books on the topic ever written Life Stories Maureen O'Connor,2011-08-23 Memoirs autobiographies and diaries represent the most personal and most intimate of genres as well as one of the most abundant and popular Gain new understanding and better serve your readers with this detailed genre guide to nearly 700 titles that also includes notes on more than 2 800 read alike and other related titles The popularity of this body of literature has grown in recent years and it has also diversified in terms of the types of stories being told and persons telling them In the past readers advisors have depended on access by names or Dewey

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researchers in Europe Asia the Middle East South America Australia and New Zealand to develop sociopsychological methods of providing counseling to people who are suffering physically emotionally and spiritually training for professionals counted on to dispense that counseling and economic and political solutions that might help to limit the devastating effects of natural disasters Trauma and Dissociation in a Cross Cultural Perspective examines the tensions between the National Health Service and the private sector in the United Kingdom how the Mandarin version of the Dissociative Experiences Scale DES is used in China Djinnai a culture bound syndrome and possession trance disorder found in Iran how colonialism has transmitted trauma to the Maori people of New Zealand transgenerational trauma in Turkey religious rituals and spirit possession in the Philippines memory wars in Israel traumatic syndromes among the French differences in dissociative experiences among Chinese and Japanese youth childhood trauma in Argentina and much more Trauma and Dissociation in a Cross Cultural Perspective is an enlightening professional resource for anyone working in psychology sociology psychiatry and psychotherapy

*Dissociative Identity Disorder* Hassaan Tohid,Ian Hunter Rutkofsky,2024-01-19 This book contains new evidence and more ideas for treatment and management of dissociative identity disorder DID It is written from the standpoint of an expert in the field for other professionals that deal with or are interested in DID Chapters are divided into 4 parts Part 1 acts as an introduction to understanding dissociative identity disorder such its history the different types of the disorder and its portrayal in popular culture The chapters in this part cover multiple personality disorder theories and epidemiology of the disease Part 2 discusses the pathology and neuroscience of the disease The comorbidities related to the disorder will be explained such as PTSD depression anxiety schizophrenia and more This part concludes with the potential causes of dissociative identity disorder which ties into the previously mentioned comorbidities throughout this part Supplementing the aforementioned topics Part 3 discusses management of the disease The chapters will cover modern psychiatry diagnosis and treatment options Drug treatment and psychotherapy are some examples of the treatment options available The authors share their experiences and perspectives of managing DID including clinical trials and recovery Finally Part 4 discusses the sociology of DID such as potential drug abuse social media presence and the difficulties that psychiatrists face in diagnosing the disease This part provides advice for clinicians and healthcare providers by sharing different perspectives from psychiatrists that encounter the disease Written by experts in the field Dissociative Identity Disorder serves as a valuable resource for psychiatrists and clinicians seeking to understand treat and manage the disease

Topsy Turvy J. Michael Mahoney,2008-09-28 TOPSY TURVY A Book for All in One The author s personal collection of favorite quotations hopefully to be enjoyed by all who read them

**The Church: Her Books and Her Sacraments** E. E. Holmes,2022-09-16 In The Church Her Books and Her Sacraments E E Holmes delves into the intricate relationship between the sacred texts of Christianity and the sacraments as vehicles of divine grace This scholarly work is characterized by a seamless blend of theological depth and accessibility employing a clear and engaging prose style that invites readers into the

rich tapestry of church tradition Holmes situates her examination within the broader context of ecclesiastical history exploring how these books and rites have shaped and been shaped by the beliefs and practices of Christians throughout the ages E E Holmes is a noted theologian with a deep commitment to understanding the historical and spiritual foundations of the Christian faith Her extensive background in religious studies and her personal journey within the church profoundly inform her insights allowing her to bridge the gap between academic scholarship and the lived experience of faith Drawing on ecclesiological perspectives Holmes articulates the essential role of scripture and sacraments in fostering a robust spiritual life This book is an essential read for anyone seeking to deepen their understanding of Christianity s foundational texts and rituals Scholars clergy and lay readers alike will find Holmes work a valuable resource that not only enlightens but also enriches one s spiritual journey making the complexities of faith both accessible and meaningful

**A Dictionary of Islam** Thomas Patrick Hughes,1895

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**A Lesson in Loving the World** James Seow Chavez,2017-08-23 The power to find true love and happiness is at our fingertips and yet so many are blind to this thinking that we will only matter if we are young attractive and accomplished We are all sitting on a treasure trove of happiness and joy Tapping this source has a process to it Love starts with you spreads to others and finally to the whole universe We are made perfect just as we are Love constantly surrounds us and youll find this out for yourself in this book

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